

FREQUENTLY ASKED QUESTIONS

Where are you located?

We are located at 2325 Clement Avenue in Alameda. The building is two blocks from the Park Street Bridge and the cross street is Park Street. Some of our programs are located off-site in Alameda with the exception of the Homeless Youth Services, which is located in Oakland.

Which cities do you serve?

Although many of our clients live in the city of Alameda, depending on the program, we can and do serve clients who reside in other cities in Alameda County.

How much do services cost?

Cost vary for different programs and groups. School-Based Health Centers and Homeless Youth Services provide services at no cost. Head Start and Early Head Start programs are offered at no cost for income-eligible families. The Drug & Alcohol Treatment Program offers Outpatient Drug-Free Treatment groups and individual counseling for free. The drug-testing fee costs \$20/week; however, a sliding scale is offered for those who are income-eligible and the fee is waived for those with Medi-Cal. Anger Management and the Battersers Program have a sliding scale fee. The cost for Counseling services is based on income with sliding scale fees ranging from \$20-\$80. Medi-Cal is also accepted. Most families in Alameda are qualified for four free family counseling sessions.

How do I get services?

Counseling: (510) 629-6209

Drug & Alcohol Treatment: (510) 629-6209

Head Start and Early Head Start: (510) 629-6350

Homeless Youth Services: (800) 379-1114

School-Based Health Centers: @ Island High - (510) 337-7006; @ Encinal

High - (510) 748-4085; @ Island High - (510) 748-4024 x 137

Please refer to the "programs" page for additional information.

When are services available?

The agency is open from 9am to 8pm Mondays through Thursdays and from 9am to 5pm on Fridays. Hours vary for different programs.

What are the language capabilities of the agency?

Please call for a list of languages.

If you have additional questions please contact us at (510) 629-6300.

Alameda Family Services

Supporting Families

Strengthening Our Community

2325 Clement Ave.
Alameda, CA 94501
(510) 629-6300

www.AlamedaFS.org

PROGRAMS

COUNSELING (CSL) 629-6210: Professional therapists in training with licensed supervisors provide brief, sliding-scale and Medi-Cal funded counseling to families, individuals, couples and groups; brief adolescent/family counseling at the School-Based Health Centers; crisis intervention; parenting education classes to Alameda residents with youth ages 10-18; child-parent psychotherapy for ages 0-5; counseling and assessment at Alameda Point Collaborative.

DRUG & ALCOHOL TREATMENT (DAT) 629-6209: Serving Alameda County. DAT offers alcohol and drug assessments, outpatient counseling and drug testing for youth and adults. Treatment fulfills requirements for court-ordered drug diversion programs, Youth Court, Probation, Prop. 36 and PC1000. Domestic Violence Treatment (men only) is also provided. Coed Anger Management groups and 52-week certified Battersers Intervention Program (men only) available. Case management services for youth on probation available for adolescents 12-17 1/2 years of age.

HEAD START AND EARLY HEAD START (E/H5) 629-6350: A comprehensive child development program serving income-eligible families at no cost, with children who are from birth to five. Head Start offers a holistic approach for each child, including services and support to families of children enrolled in the program. The center-based pre-school program offers an enriching classroom environment; the home-based option offers in-home support and education. Parent participation is encouraged. Serving the City of Alameda.

HOMELESS YOUTH SERVICES (HYS) 1-800-379-1114: HYS provides an emergency shelter and youth support center for runaway and homeless adolescents in Alameda County. The safe shelter offers beds, meals and clothing. The service center offers counseling, case management, medical screening and treatment, academic and job support and street based outreach. Please call for this address.

SCHOOL-BASED HEALTH CENTERS (SHC) (337-7006/Alameda High and 748-4085/ Encinal High and Island High/748-4024 x137) Open to all students at Alameda, Encinal, Island, Community Learning Center, ASTI, NEA and Base high schools in Alameda. Services include a medical clinic, counseling, health education, drug and alcohol prevention, tobacco cessation, crisis intervention and youth leadership opportunities.

GROUPS

Please call (510) 629-6300 for times and fees, if applicable, for groups.

For Youth

YOUTH OUTPATIENT DRUG-FREE TREATMENT, 12 TO 18 YEARS - CO-ED, No Fee*

QUEER & QUESTIONING GROUP, 14 TO 18 YEARS - CO-ED, No Fee, Ongoing group

YOUTH ANGER MANAGEMENT, 13 TO 18 YEARS - CO-ED, No Fee, Eight-week class

For Adults

PARENTING CLASS (Survival Skills for Parents of Teens), No Fee, Eight-week class

ADULT OUTPATIENT DRUG-FREE TREATMENT PROGRAM No Fee*

PC1000 DRUG DIVERSION PROGRAM (COURT-ORDERED ONLY), Sliding Scale

ANGER MANAGEMENT / CO-ED GROUP, Sliding Scale

DOMESTIC VIOLENCE / FOR MEN ONLY, Sliding Scale

* There is a drug-testing fee of \$20 per week. A sliding scale is available for those eligible and the fee is waived for those with Medi-Cal.