# ACTIVITY GUIDE

ON A

# SUMMER 2025

Her

Alameda Recreation And Park Department (510) 747-PLAY • www.alamedaca.gov/recreation Camps • Classes • Events • Parks • Services • Sports • more

## **ARPD** - CITY DIRECTORY & CONTENTS



## **Alameda City Council**

Marilyn Ezzy Ashcraft	Mayor
Michele Pryor	Vice Mayor
Greg Boller	Councilmember
Tony Daysog	Councilmember
Tracy Jensen	Councilmember

### **Alameda City Manager**

Jennifer Ott	City Manager
Amy Wooldridge	Assistant City Manager

#### **Rec and Park Commission**

Wesley Radez	Chair
Drew Swartz	Vice Chair
Adrienne Alexander	Member
Kareem Burney	Member
Eric Robbins	Member

#### **Golf Commission**

Lynn Jones	Chair
Ed Downing	Vice-Chair
Clifford Tong	Member
Vacant	Member
Vacant	Member

### **Commission Meetings**

**Golf Commission** 

Meets 2<sup>nd</sup> Tuesday at 6:30pm, every other month (Jan, Mar, May, July, Sept, Nov) City Hall, Room 360

**Mastick Senior Center Advisory Board** Meets 3<sup>rd</sup> Wednesday at 9:30am Mastick Senior Center, 1155 Santa Clara Ave, Room D

**Recreation & Park Commission** Meets 2<sup>nd</sup> Thursday at 7:00pm City Hall Council Chambers Everyone welcome. Also televised live on Channel 15

## **GUIDE CONTENTS**

DIRECTORIES	
Alameda City Council	2
Alameda City Manager	2
Rec And Park Commission	2
Golf Commission	2
Commission Meetings	2
Message From The Director	3
Adaptations & Accessibility	3
Financial Assistance Available	3
ARPD Staff	3
Contact Us!	3
City Department Directory	4
Hotlines	4
Community Directory	4
Community Sports	4
ALL AGES	
Community Events	5
Alameda Walks	6
Aquatic Swim Lessons	7
Golf	11
Kayaking	12
Library	13
Others	14
Tennis	15
тотѕ	
ARPD Tots Camps	16
ARPD Enrichment Camps	17
Dance Class	17
Playgroup	18
Preschool – Fall	18
YOUTH	
Spring Camps	19
ARPD Adventure Camps	19
Field Trips	21
Summer Parks Program	21
ARPD Aquatic Camps	22
ARPD Enrichment Camps	27
ARPD Sports Camps	27
Arts & Crafts Camps	31
Arts & Entertainment Camps	31
Dance Camps	32
Enrichment Camps	32
Play-Well Camps	32

YOUTH continued	
Martial Arts Camps	34
Outdoor Activities Camp	34
Sciences Camps	35
Mad Science Camps	37
Sports Camps	39
Dance Classes	40
Martial Arts Classes	40
Sports Classes	40
TWEENS & TEENS	
ARPD Camps	41
Classes	42
Teen Center	43
Volunteer	43
Teens Career & Job Fair	44
Tweens & Teens Others	44
TEENS & ADULTS	
Martial Arts	45
Music	45
Others	45
ADULTS	
Enrichment	45
Sports	45
Virtual	46
Online Classes	47
ADULTS 50+	
Mastick Senior Center	48
Mastick Membership	48
Volunteers Wanted!	48
Food Programs	49
Everyday Living Services	49
Arts & Crafts	50
Dance	51
Enrichment	51
Fitness	51
Kayaking	53
Workshop	53
Wellness	53
REGISTRATION	
How To Register	54
PARKS	
Park Updates	54
Facilities & Parks Map	55

2 SUMMER 2025

## ARPD DIRECTORY - ARPD

## **MESSAGE FROM THE DIRECTOR**

Summer is upon us, and the City of Alameda's Recreation and Park Department is thrilled to welcome you to a season filled with fun, connection, and unforgettable experiences! Our parks and programs are here to bring joy to all, and we can't wait to share an exciting lineup of events and activities with you.



This year, we are bringing back beloved community traditions, starting with the Spring Shindig, where

families and friends can come together to celebrate spring. Our Sand Castle Contest invites you to showcase your creativity on the shores of Crown Beach, and, of course, we are proud to host Alameda's awardwinning Fourth of July Parade, a cherished tradition that brings our community together in patriotic spirit.

We're also excited to introduce new summer programs for Transitional Kindergarten (TK), providing our youngest residents with engaging and enriching experiences. Plus, we are expanding our free summer programs, ensuring more opportunities for all children to explore, learn, and play throughout the season.

Whether you're joining us for a community event, taking advantage of our expanded summer programs, or simply enjoying our parks, we invite you to make the most of all that Alameda has to offer this summer. Thank you for being part of what makes this community so special—we look forward to seeing you out there!

#### Sincerely,

Justin Long, Director of Recreation and Parks

## **ADAPTATIONS & ACCESSIBILITY**

Should you need support accessing Recreation & Parks facilities or programs, or would like to request special accommodations for those with a disability and/or special needs, please contact Morace McKay, Recreation Manager at 510-747-7510.

## FINANCIAL ASSISTANCE AVAILABLE

#### Financial Assistance is available for families who qualify.

Up to 75% in assistance is available for Youth Programs, Camps and Classes. To learn more, or to apply, visit the ARPD website: www.alamedaca.gov/recreation. Printed copies of our Financial Assistance Program Procedures and Application are available at the ARPD office during regular business hours.

#### **ARPD Staff**

Justin Long	Director
510-747-757	'0   jlong@alamedaca.gov
Matt Nowlen	Park Manager
510-747-7587	mnowlen@alamedaca.gov
Morace McKay	Recreation Manager
510-747-7510	mmckay@alamedaca.gov
Patrick Russi	Recreation Manager
510-747-7550	)   prussi@alamedaca.gov
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510-747-7587	′  evlnar@alamedaca.gov
Christina Bailey	Recreation Supervisor – Pre K & Youth
510-747-7554	cbailey@alamedaca.gov
Joey Carroll	Recreation Supervisor I
	Facilities & Rental Staffing
510-747-7555	jcarroll@alamedaca.gov
Stacy Thomas	Recreation Supervisor I
	– Aquatics
510-747-7586	sthomas@alamedaca.gov
Rich Castrillon	Recreation Assistant
510-747-7511   r	castrillon@alamedaca.gov
Ashley Cendejas	Recreation Assistant
510-747-7575   a	cendejas@alamedaca.gov
Daria Nyberg	Recreation Assistant
510-747-7552	dnyberg@alamedaca.gov

#### **Contact Us!**

Website & Online Registration		
	www.alamedaca.gov/recreatio	
Email	arpo	d@alamedaca.gov
Facebook	www.facebook.com/playARPD	
Phone	510-747-PLAY (7529)	
Fax	510-523-4071	
Hours	Monday - Friday: 8:30am - 5:30pm	
Park and	Park and Facility Issues After Hot 510-775-54	
Field Con	dition Hotline	After 2pm 510-747-7540
Mastick S	Mastick Senior Center 510-747-750	
Parks & F	Parks & Facilities See page 5	

### **Online Reservation**

Availability Calendar for:

- Bocceball
- Picnic Tables
- Recreation Centers
- www.alamedaca.gov/recreation

### SUMMER 2025

## **COMMUNITY** - DIRECTORIES & HOTLINES

## **CITY DEPARTMENT DIRECTORY**

EMERGENCY (Life or Property at Risk)	911
City Information	510-747-7400
City Attorney	510-747-4750
City Clerk & City Council	510-747-4800
Mayor's Office	510-747-4701
City Manager's Office	510-747-4700
Alameda Municipal Power (AMP)	510-748-3900
Base Reuse and Economic Development	510-747-6890
Finance	510-747-4881
Fire (Non-Emergency Only)	510-337-2100
Corica Park	510-747-7800
Housing Authority	510-747-4300
Housing and Human Services	510-747-6890
Human Resources	510-747-4900
Job Opportunities www.governmentjobs.com/cc	areers/alamedaca
Information Technology (IT)	510-747-7412
Library	510-747-7777
Media Contact	510-747-4714
Planning, Building and Transportation	510-747-6800
Police (Non-Emergency Only)	510-337-8340
Anonymous Tip Line	510-337-8450
Animal Services	510-337-8562
Animal Control (After Hours)	510-337-8340
Public Works	510-747-7930
Maintenance Services (Streets, Sidewalks, Non-Park Issues)	510-747-7900
Rent Program	510-747-7520

## HOTLINES

## Transportation Hotline www.511.org or call 511

511 is a one-stop phone and web source for up-to-the-minute Bay Area traffic, transit, rideshare, and bicycling information. It's FREE and available whenever you need it – 24 hours a day, 7 days a week – from anywhere in the nine-county Bay Area.

## Information & Referral Assistance Hotline - 211

Need Help? Get answers by simply dialing 211. 211 is a free, nonemergency, confidential, three-digit phone number and service (www.211alamedacounty.org) that provides easy access to housing information and critical health and human services. 211 operates 24 hours a day, seven days a week with multi-lingual capabilities.



SUMMER 2025

4



## **COMMUNITY DIRECTORY**

AC Transit	www.actransit.org
Alameda Adult School	www.adult.alamedaunified.org
Alameda Boys and Girls Club	www.alamedabgc.org
Alameda Chamber & Economic Alliance	www.alamedachamber.com
Alameda Education Foundation w	ww.alamedaeducationfoundation.org
Alameda Family Services	www.alamedafs.org
Alameda Family Services – Head Start w	/ww.alamedafs.org/support-main.html
Alameda Food Bank	www.alamedafoodbank.org
Alameda Friends of the Parks Foundation	www.alamedaparks.org
Alameda Health System (Alameda Hospit	al) www.alamedahealthsystem.org
Alameda Historical Museum	www.alamedamuseum.org
Alameda Holiday Boutique	www.alamedaholidayboutique.org
Alameda Meals on Wheels www.alamed	amealsonwheels.org (510-865-6131)
Alameda One Stop Career Center – COA www.alameda.edu/students/college-of-al	
Alameda Point Collaborative	www.apcollaborative.org
Alameda Professional Child Care Assoc	www.alamedapcca.org
Alameda Unified School District	www.alamedaunified.org
American Red Cross	www.redcross.org
Bananas	www.bananasbunch.org
Building Futures	www.bfwc.org
California Historical Radio Society	www.californiahistoricalradio.com
California State Park Info and Reservation	s www.parks.ca.gov
Center for Independent Living	www.centerforindependentliving.org (510-841-4776/510-356-2662)
College of Alameda	www.alameda.edu
Doug Siden Visitor Center at Crab Cove www.ebparks.c	org/parks/visitor-centers/crab-cove
East Bay Paratransit	www.eastbayparatransit.org
East Bay Regional Park District	www.ebparks.org
Girls Inc. of the Island City	www.girlsincislandcity.org
Rhythmix Cultural Center	www.rhythmix.org
USS Hornet Foundation Museum	www.uss-hornet.org

## **COMMUNITY SPORTS**

Aeronautics – Tethered Model Airpla	ne Flying rbush88@juno.com
Alameda Attack Lacrosse Club	www.alamedalacrosse.sportngin.com
Alameda Babe Ruth Baseball	www.alamedababeruth.com
Alameda Dragon Flyers Dragon Boat	Team www.alamedadragonflyers.com
Alameda Gators Swim Team v	/ww.teamunify.com/team/alga/page/home
Alameda Girls Softball Association	www.alamedagsa.com
Alameda Little League	www.alamedalittleleague.org
Alameda Soccer Club	www.alamedasoccer.org
Alameda Swimming Pool Association www.team	unify.com/Home.jsp?_tabid_=0&team=psaspa
Alameda Vipers Basketball Club	www.alamedavipers.com
Alameda Wolverines Football	www.afawolverines.com
Alameda Youth Basketball	www.alamedayouthbasketball.club
Artemis Rowing	www.artemisrowingclub.org
Corica Park	www.coricapark.com
Special Olympics (Alameda) www.sonc.org/programs/c	community-sports-programs/county/alameda

## www.alamedaca.gov/recreation

## **COMMUNITY EVENTS**

### Alameda's Spring Shindig Saturday, April 19, 12:00pm - 3:00pm

Alameda Point Gym & Multipurpose Field, 1101 W. Redline Ave Join us in celebrating all things Earth Day this Spring! There will be community organizations, vendors, demonstrations, games, crafts, jumpers, music, food, and much more. You will also have an opportunity to register for any remaining spots in ARPD summer programs.



## ALAMEDA POINT GYM AND FIELD [1101 W RED LINE AVE]

Join us for all things Earth Day. Crafts - Community Vendors - Petting Zoo - Bounce Houses - Food and more



## **Starlight Movies in the Park**

## Free Starlight Movies in the Park will continue this summer for all families to enjoy.

The event starts at 6:30pm, with pre-show festivities including games and crafts for kids. The featured movie begins between 8:15-8:45pm, depending on darkness. Snacks and food are available, with proceeds supporting the Alameda Youth Committee and Teen Programs. Bring your own chairs and blankets and enjoy a film under the stars. **Moana 2:** Friday, May 16, AP Multi-Purpose Field

Despicable ME 4: Friday, June 27, AP Multi-Purpose Field The Wild Robot: Friday, July 25, AP Multi-Purpose Field Mufasa: The Lion King: Friday, August 22, AP Multi-Purpose Field Sonic the Hedgehog 3: Friday, September 26, Leydecker Field

### 57th Annual

## Sand Castle & Sand Sculpture Contest

#### Saturday, June 21, Free! Robert Crown Memorial State Beach Park Registration 9:00am to 11:00am

Judging begins at 12:00pm Awards Ceremony at 1:00pm

Start your creative juices flowing and get ready to bring your shovel and buckets to the beach to create a unique piece of art at the Sand

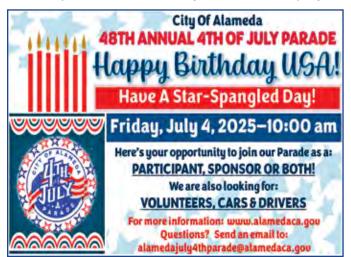
Castle Contest. This FREE event is a fabulous family fun activity to either participate in or just come down to watch all of the action. The Contest is co-sponsored by the Bayview Women's Club, East Bay Regional Park District, Alameda Youth Committee, and ARPD.

## 2025 City of Alameda 4th of July Parade

#### "Happy Birthday USA, Have a Star-Spangled Day!" Check out the website at www.alamedaca.gov

Become a participant and show off your pride, get involved and be a volunteer, or help support the parade by becoming a sponsor. In other words, be a Parade supporter! If you have any questions, send an email to alamedajuly4thparade@alamedaca.gov.

Check for updates on the website throughout the winter and spring.



## **ALLAGES** - COMMUNITY EVENTS & ALAMEDA WALKS



\*Registration fee: \$15.

Dive-In Movie – Sky High

Saturday, July 18,

Encinal Swim Center, Cost \$15 per person

Doors Open at 6:30pm, Family Swim starts at 6:30pm

Come celebrate and play in the pool while watching the movie in the water. Enjoy crafts and other dry activities or just play in the pool the whole time. Deep end pool test will be offered as well. Lifeguard will be on site for safety. Please bring your own floats, rafts and rings. Movie will start 8:15-8:45pm depending on darkness. Snacks and food available. Bring your own chairs and blankets.

## **ALAMEDA WALKS**

### 2025 Schedule (May to October)

All walks begin at 9am and last approximately one hour. Where walks are longer, it will be noted and new walks are indicated. Look for the red Alameda Walks hats!While we love the furry pets, we prefer that they wait for you at home.

## March 1 – Special Alameda Walk – Help Shape the Future of Alameda's Shoreline Walk

Meet at Veteran's Memorial Park on Bay Farm Island: It is at the intersection of Island Drive and Doolittle Drive, gather at flagpole. The group will discuss the history of the Veteran's Memorial. This walk will examine global sea rise and its influence along Alameda Shoreline and the Bay Farm Island lagoon system. Learn about how local coalitions are planning to address flooding and how to contribute toward solutions. Note: This walk is lead by Lauren Eisele, Community Action for a Sustainable Alameda (CASA).

SUMMER 2025

6

#### May 17 - Encinal Beach-Wildlife and History Walk

Meet at Encinal Boat Ramp, 150 Central Ave just past Encinal High School and down driveway. This walk will cover some of Alameda's prolific wildlife and fascinating history. The group will explore from Encinal Beach to the USS Hornet, a Historic National Monument. The group will look for nesting Osprey while strolling along the waterfront, discussing the past and future development including future nature reserves at Alameda Point. This walk is lead by East Bay Regional Park Naturalist, Michael Charnofsky Note: Walk lasts 2 hours, 15 minutes

#### May 24 – Gold Coast Neighborhood Walk

Meet at Franklin Park, 1432 San Antonio Ave. Learn how Franklin Park developed and see how the coming of the electric streetcar opened the area to development. We'll have a look at all the interesting architectural styles of the homes around the park and take a stroll down San Antonio Avenue to St. Charles Street. Dennis Evanosky will lead this walk. Note: Walk lasts 1 hour, 15 minutes

#### June 28 – Bay Farm Walk

Meet at Godfrey Park, 281 Beach Road. The walk will explore Bay Farm was known as "Wind Whistle Island" to the Ohlone and as "The Uplands" to early European settlers. We'll learn how the "island" developed from farmland to the residential community we know today Dennis Evanosky will lead this walk. Note: Walk lasts 1 hour, 15 minutes

#### July 19 – Alameda Hospital, Leonardville (old South Shore), Meyers House Walk

Meet at Alameda Hospital front entrance inside parking lot, 2070 Clinton Ave. This walk will begin with a discussion of Alameda Hospital from Louise Nakada, public affairs and community engagement spoke person. The group will explore Old South Shore and local famous architects of Alameda.

#### July 26 - Harbor Bay Isle Walk

Meet at Leydecker Park, 3221 Mecartney Road This walk will explore how all the property across Mecartney Road from Bay Farm was once marshland. We'll see how Utah Construction stepped in to covert the marsh to "made land," and how Ron Cowan and Company stepped in to create what we see today. Stroll with us along the lagoon and enjoy a neighborhood distinctly different from original Bay Farm Island. Dennis Evanosky will lead this walk. Note: Walk lasts 1 hour, 15 minutes

#### August 2 – Crown Beach from West to East Walk

Meet at Doug Siden Visitor Center, 1252 McKay Avenue at Crab Cove near the front steps, on park side of building. This nature walk will take place on paved pathway and will explore the shoreline, from the Doug Siden Visitor Center to Elsie Roemer Bird Sanctuary. The group will learn about the natural and cultural history of this area. The walk is about 4 miles round trip. This walk will be led by East Bay Regional District Naturalist, Susan Ramos. Walk lasts 2 hours, 15 minutes.

#### August 23 – Alameda Belt Line and the Alaska Packers

Meet at Marina Cove Waterfront Park at 1575 Clement Avenue (at Stanton Street). This walk will explore the Alaska Packers use of the property along the waterfront here to "winter" its fleet of "Star" ships. The city later built a railroad nearby to accommodate Calpak's Del Monte warehouse. The railroad yards stood on today's Jean Sweeney Park. Did you know this area was once home to Sunset Field, an early 20th-century airport? Dennis Evanosky will lead this walk. Note: walk lasts 1 hour, 15 minutes

## AQUATIC LESSONS - ALL AGES

## SWIM LESSONS

## **LESSONS**

All Registration Codes are online

All Times are posted by age in the guide

All times listed are for each session for the whole summer

## ARPD Has Switched to Starfish Swimming

The Starfish Swimming curriculum is designed for students ages 6-months to adult. Benchmarks are established at each stage in the program that combine both swimming and safety skills. Students participate in experiential learning activities that allow them to explore the water in a creative and comfortable environment. Correct swimming techniques are taught from the very beginning, providing an easy transition to swim team.



Our private swim lessons are designed for you to enjoy personalized, 1on-1 instruction in the water! Each 30-minute session is crafted to fit your unique skill level and goals, whether you're just starting out or looking to perfect your strokes. With focused attention from our expert instructors, you'll build confidence, improve technique, and have a blast while doing it. Get ready for a fun-filled journey where every stroke brings you closer to becoming a swim star! When registering, you will be prompted to select between "Swim School" and "Stroke School." All times listed are for each session for

the whole summer

## LOCATED IN COMP POOL



Swim Lesson Sessions Tummer 2025 Will Be At Encinal Swim Center Only SUMPAY Session: June 21, 28, July 12, 19 SUNDAY Sessions: June 22, 29, July 13, 20 August 3, 10, 17, 24 SUNDAY SESSIONS MON-THU: SUNDAY SESSIONS MON-THU: June 16-19 June 23-26 June 30-July 3



-June 16-19 -June 23-26 -June 30-July 3 -July 7-10 -July 14-17 -July 21-24 -July 28-31 -Aug 4-7



SUMMER 2025

## **ALL AGES** - AQUATIC LESSONS

## AGES: 3 mo. - 3y/o

\$52R/\$60NR The purpose of this course is to foster a child's comfort level in the water. It also serves to train parents and caregivers about in-water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water. It provides a confidencebuilding experience for children, in a fun and loving way. <u>One adult must be in the water with each child.</u>

11:20am Baby Pool Weekends: Sat, Sun Weekdays: Mon-Thur All Registration Codes are online



STAR TOTS ALL Star Tot Lessons are 2-3 students a teacher \$128R/\$156NR Lessons are now broken down by age

This course will develop a high comfort level in the water and a readiness to swim. For those children who are developmentally ready, it will teach functional swim skills. The class approach teaches swimming through creative, fun activities in the water. There is no prerequisite for this level, and students will be assessed on their first day.

All times listed are for each session for the whole summer

All Registration Codes are online



NEEKENDS \$128R/\$156NR 5-6-YEAR-OLD ALL Star Tot Lessons are 2-3 students a teacher 9:35AM 10:45AM 12:30PM 1:40PM 2:50PM WEEKDAYS 5-6-YEAR-OLDS 9:35 AM 10:45 AM \$128R/\$156NR 12:30 PM 1:40 PM 2:50 PM 4:00 PM 5:10 PM 6:20 PM

SUMMER 2025

## AQUATIC LESSONS - ALL AGES



4:35PM

5:45PM

5:10PM

6:20PM

All Registration Codes are online

SUMMER 2025

ESSONS)

## ALL AGES - AQUATIC LESSONS



#### \$52R/\$60NR

This course is for students who achieved the Green Starfish Swim School® benchmark OR American Red Cross Level 4. Before enrolling, students must pass the green swim benchmark which requires the ability to swim 30 feet of freestyle with side-breathing. Students must be able to easily swim freestyle with 1, 2, 3 breathing pattern with face in the water, over arm action, and strong flutter kick across the deep end of the pool, and tread for at least 60 seconds in deep water.

### ALL TIMES LISTED ARE FOR EACH SESSION FOR THE WHOLE SUMMER

TAUGHT IN COMP POOL ONLY

"If the child does not possess the necessary prerequisite skills for Stroke School, they may be dropped from the class."

## CROUP TEEN SUIM LESSONS 12-17-YEAR-OLDS \$52R/\$60NR

Classes for beginning, intermediate, and advanced swimmers. No matter your level, our classes are taught in a comfortable, positive environment.

## WEEKENDS

9:35AM	All times listed are for
10:45AM	each session for the
12:30 PM	whole summer
1:40 PM	All Registration
2:50 PM	Codes are online
	<u>WEEKDAYS</u> 9:35AM 10:45AM 2:50PM 12:30PM 4:00PM 1:40PM 5:10PM



necessary prerequisite skills for Stroke School, they may be dropped from the class.\*

## GROUP ADULT SWIM LESSONS 18 AND UP

\$52R/\$60NR

Classes for beginning, intermediate, and advanced swimmers. No matter your level, our classes are taught in a comfortable, positive environment.



## GOLF

## **Corica Park**

Corica Park is located in the City of Alameda and within five minutes of the Oakland Airport. In addition to a large driving range and extensive practice facility, the three golf courses are suitable for players of all skill levels. Fast greens and swirling winds challenge seasoned golfers, while wide fairways and rolling hills welcome those newer to the game. Onsite instructors offer top quality instruction for all skill levels. Visit our website at www.coricapark.com for information about rates and hours.

#### **On The Green at Corica Park**

There is a lot happening at the course! Our On The Green initiative seeks to integrate Corica Park into the wider community. We're reimagining space use with inclusive programming for golfers and non-golfers alike. Check out our Community Programs and Calendar of Events to learn more.

#### **Youth On The Green**

- Free Golf: free walk-up play on all three courses after 3:00pm during the fall and winter months and 4:00pm in the spring and summer months for all youth under 18. Wednesday walk-up play for golf and footgolf is free all day, year-round on the Mif unless the course is closed for other programming.
- School Outings: recreational opportunities in footgolf and golf for field trips and after school programs.
- On the Green Golf & Play Summer Camps: week-long summer camps offered at no cost including transportation and meals to youth from underserved East Bay communities.
- Sundays On The Green Program: small group lessons and mentorship offered at no cost to Alameda youth in partnership with All Good Living Foundation.

#### **Group Outings On The Green**

- Tournaments: full-service tournament and group outing planning & execution, including food and beverage offerings for fundraisers, company events, golf clubs, competitive leagues, special occasions and other group events.
- Team-building: full-service team-building event planning and execution for local businesses and other groups. \*Special packages available for mission-aligned nonprofit organizations.



#### **Community On The Green**

We also offer a number of programs for schools, small businesses, nonprofits and other groups which are designed to diversify space use and increase access to Corica Park for broader community benefit. Please visit the Community Programs page on our website for applications and to learn more. Examples include:

- Space use for activities such as yoga and martial arts classes to promote healthy living and other forms of recreation.
- Classroom, meeting room and event space access for local nonprofits and other community groups to support organizations in forwarding their own missions.
- Sale and exhibition space access in our golf shop to support local businesses.
- Holiday gift drives to support low-income East Bay families.

#### **First Fridays At The Range**

First Fridays At The Range are once a month themed parties with our bar cart, fun and active games, music and food for sale! Each month we also highlight a local partner to bridge communities in Alameda and beyond. Expect to see Toptracer competitions, activities for all ages and levels, and delicious food and beverages. Parking is abundant and the event is FREE. Every first Friday of the month from 3-6pm. All are welcome (activities for golfers and nongoflers)! Come join us!

#### **Connect with Corica Park**

info@coricapark.com • Facebook: Corica Park Golf Course Instagram: @coricapark • Twitter: @coricapark

### Alameda Junior Golf Club Ages 7 - 18

Alameda Junior Golf is very busy getting the program set up for the 2025 year. Our program runs all year but the month of June through August are the busiest with many activities.



- Our 7 to 11 year olds play on MIF par course and the 12 to 18 year olds play on the regular Corica Golf Course.
- The degree of understanding of the game and skills can change to be played.
- We also offer golf clinics for beginners and to refresh golfers at rules and manners.
- We have many wonderful volunteers who help run the program
- We have Tournaments during the summer too.
- If your child is interested in learning to play or is a golfer and wants to meet fun loving golfers, here is how to get all the Information and to obtain an AJGC Membership Application.
- See our website: www.alamedajuniorgolf.memberplanet.com
- Email us alamedajuniorgolf@memberplanet.com
- You can also pick up an AJGC Application at the Corica Park Golf Course Pro-Shop or Driving Range and at Alameda Golf Works, 1710 Lincoln Ave., Alameda

## ALL AGES - KAYAKING

## KAYAKING

## **Family Kayaking**

#### Ages 5+

This tour is the perfect introduction to kayaking for kids and families. We will travel in very safe double sea kayaks checking out the local harbor seals and US Navy ships. A short and sweet trip where you learn a little bit of sea kayaking while having fun! Parent/guardian participation is required, Fee covers 1 participant. Separate registration is required for all family members.

Class # 29569	Jun 1	Su	9:30am - 11:30am
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29575	Jun 28	Sa	9:30am - 11:30am
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29576	Jul 13	Su	9:30am - 11:30am
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29579	Jul 26	Sa	9:30am - 11:30am
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29580	Aug 3	Su	9:30am - 11:30am
\$62	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	

## **Father's Kayaking Tour**

#### Ages 8+

Join us for a special tour designed just for Fathers. We will tour the area in a relaxed paced in safe double sea kayaks enjoying the marine life, sea breeze and sunshine. This tour is perfect for all levels and abilities. Fee covers 1 participant. Separate registration is required for all family members.

Class # 29584	Jun 15	Su	9:30am - 11:30am
\$72	Joe Stack	Encinal Boat R	amp, 190 Central Ave.

## Introduction to Kayaking

SUMMER 2025

#### Ages 12+

We will cover equipment, paddle techniques, trip planning, on land transporting, maintenance and safety. Develop boat control as you paddle around the area and practice your new skills. Fee covers 1 participant. Each participant must sign up and pay.

Class # 29590	Jun 21	Sa	9:00am - 1:00pm
\$103	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29591	Jul 27	Su	9:00am - 1:00pm
\$103	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29592	Aug 24	Su	9:00am - 1:00pm
\$103	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	

## **GET OUTDOORS THIS SUMMER!**



#### Sea Plane Lagoon Kayaking Tour Ages 12+

Join us for our most popular kayak tour. You will paddle inside the Sea Plane Lagoon learning about the local marine life and upcoming Alameda Point development projects, the USS Hornet and US Navy's MARAD fleet, enjoy scenic views of SF, and more! Fee covers 1 participant. Separate registration is required for each participant.

Class # 29597	Jun 22	Su	9:30am - 11:30am
\$73	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29600	Jul 19	Sa	9:30am - 11:30am
\$73	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29602	Aug 16	Sa	9:30am - 11:30am
\$73	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	

## Self-Rescue Kayaking

#### Ages 12+

We will focus on edging your boat, brace strokes, incorporating your lower body into your paddle techniques, and assist + self-rescue techniques using close cockpit sea touring kayaks. This will take your kayak confidence to a new level. Fee covers 1 participant. Separate registration is required for each participant.

Class # 29608	Jun 8	Su	9:00am - 1:00pm
\$88	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29610	Jul 13	Su	9:00am - 1:00pm
\$88	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	
Class # 29611	Aug 10	Su	9:00am - 1:00pm
\$88	Joe Stack	Encinal Boat Ramp, 190 Central Ave.	

## Sunset – Full Moon Kayaking Tour

#### Ages 12+

Enjoy a relaxing time on the water while the sun sets over the horizon and the moon rises. Tour the area with a short break before returning home under the moonlight. Bring a camera, the sights will be amazing. Fee covers 1 participant. Separate registration is required for each participant.

Class # 29613	Jun 14	Sa	7:00pm - 9:30pm
\$83	Joe Stack	Grand Street Boat Ramp	
Class # 29614	Jul 19	Sa	7:00pm - 9:30pm
\$83	Joe Stack	Grand Street Boat Ramp	
Class # 29615	Aug 9	Sa	7:00pm - 9:30pm
\$83	Joe Stack	Grand Street Boat Ramp	

## LIBRARY - ALL AGES

## Alameda Free Library Summer 2025

New events are scheduled monthly! Please see our Events Calendar for the most current dates, times, and locations.

For more information, visit alamedafree.org.

## 2025 SUMMER READING PROGRAM



Join the summer reading fun and take advantage of everything the library has to offer! Whether it's attending storytime, browsing our collections, or checking out a California State Library Parks Pass, there's something for everyone at the library this summer.

The 2025 Summer Reading Program launches Sunday, June 1, runs through Thursday, July 31, and is open to all ages and reading levels.

## ALAMEDA READS

Alameda Reads has been helping adults improve their reading and writing skills for more than 30 years. We provide adult learners individual attention so they can focus on their personal learning goals. People succeed in our no-pressure, non-academic environment.



If you are an adult who wants to improve your basic reading and writing skills, the Alameda Reads program may be for you! The program is **free** and **confidential**. Call us at **510-865-2454** to find out more.

Follow us on social media for much more! @alamedafreelibrary



ALAMEDA FREE LIBRARY MAIN [1550 OAK ST. WEST END | 788 SANTA CLARA AVE. BAY FARM | 3221 MECARTNEY RD. 510-747-7777 https://www.alamedafree.org/

Friendsofthe ameda Free Library



Storytimes available every week

MAIN LIBRARY Preschool | Tues. 10:30AM School Age | Wed. 3:30PM Mother Goose on the Loose | Thurs. 10:30AM Toddlers | Fri. 10:30AM Toddlers | Sat. 10:30AM

BAY FARM ISLAND LIBRARY Preschool | Mon. 10:30AM Families | Tues. 7:00PM Toddlers | Thurs. 10:30AM

WEST END LIBRARY Families | Mon. 7:00PM Toddlers | Tues. 10:30AM

Legal Help Free with your library card!

> LawHelpCA.or (Explora Legal Information Source

ALL EVENTS ARE FREE AND OPEN THE PUBLIC. CHECK THE LIBRARY WEBSITE: WWW.ALAMEDAFREE.ORG FOR MORE INFORMATION. SPONSORED BY THE FRIENDS OF THE ALAMEDA FREE LIBRARY. CONTACT THE LIBRARY FOR ANY QUESTIONS AT: 510-747-7777.

SUMMER 2025 13

## **ALL AGES** - others





No Experience Needed Ages 6 - 14 Half-Day & Full-Day Camps

## PADDLEBOARD & KAYAK





## TAKE A RIDE ON WOODSTOCK

Square and Alameda Landing



**STAY CONNECTED TO ARPD** 

www.AlamedaCA.gov/recreation www.Facebook.com/PlayARPD www.Twitter.com/PlayARPD www.Instagram.com/PlayARPD www.Pinterest.com/PlayARPD



## www.alamedaca.gov/recreation

SUMMER 2025

## TENNIS - ALL AGES

## TENNIS

### **Group Tennis Lessons - Youth**

This class introduces students to the fundamentals of the game, covering ground-stroke, volley and serve techniques, alongside basic movement and court positioning. We focus on consistent positive reinforcement, allowing kids to gain success and build confidence while ensuring they receive a solid foundation from which to start their tennis career. The class consists of a combination of drills and games, alongside basic fitness exercises to provide a well-rounded session that keeps learning tennis fun. Saturdays only. We strongly encourage participants to bring their own racket. Please wear comfortable athletic shoes. Lastly, choosing to miss a class will NOT result in reimbursement.

AGES 6 - 7				
Class # 29450	Jul 12 - Aug 23	Sa	8:00am - 8:30am	
Res \$81, NRes \$91		ARPD Staff	Krusi Tennis Courts	
Class # 29451	Jul 12 - Aug 23	Sa	8:35am - 9:05am	
Res \$81, NRes \$91		ARPD Staff	Krusi Tennis Courts	
AGES 8 - 9				
Class # 29452	Jul 12 - Aug 23	Sa	9:10am - 9:40am	
Res \$81, NRes \$91		ARPD Staff	Krusi Tennis Courts	
Class # 29453	Jul 12 - Aug 23	Sa	9:45am - 10:15am	
Res \$81, NRes \$91		ARPD Staff	Krusi Tennis Courts	
AGES 10 - 12				
Class # 29448	Jul 12 - Aug 23	Sa	10:45am - 11:15am	
Res \$81, NRes \$91		ARPD Staff	Krusi Tennis Courts	
AGES 13 - 14				
Class # 29449	Jul 12 - Aug 23	Sa	11:20am - 11:50am	
Res \$81, NRes \$91		ARPD Staff	Krusi Tennis Courts	





#### Group Tennis Lessons - Adv. Beginner Ages 18+

For students graduating with 1-2 sessions of beginning tennis, the advanced beginning level offers an opportunity to build upon their skills. This level focuses on adding more movement to ground strokes, improving serving technique, and developing basic control of the ball in terms of left and right placement. Players will engage in fun and challenging point play simulations, while also being introduced to volleys, net play, and basic doubles strategies. Lastly, please know that choosing to miss a lesson will NOT result in reimbursement.

Class # 29583	Jun 3 - Jul 8	Τυ	5:30pm - 6:30pm
Res \$138, NRes \$156		ARPD Staff	Krusi Tennis Courts
Class # 29585	Jun 3 - Jul 8	Τυ	6:30pm - 7:30pm
Res \$138, NRes \$156		ARPD Staff	Krusi Tennis Courts
Class # 29581	Jun 5 - Jul 10	Th	5:30pm - 6:30pm
Res \$138, NRes \$	156	ARPD Staff	Krusi Tennis Courts
Class # 29582	Jun 5 - Jul 10	Th	6:30pm - 7:30pm
Res \$138, NRes \$156		ARPD Staff	Krusi Tennis Courts

### Group Tennis Lessons - Beginner Ages 18+

For students with little or no previous tennis instruction. Begin your lifetime love of the game here in a fun and encouraging environment. Students will be introduced to the basic skills needed to play: forehand, backhand, serve, and rules of the game. Coaches make learning fun through group games and point simulations.

Class # 29586	Jun 2 - Jul 7	м	5:30pm - 6:30pm
Res \$138, NRes \$156		ARPD Staff	Krusi Tennis Courts
Class # 29587	Jun 2 - Jul 7	м	6:30pm - 7:30pm
Res \$138, NRes \$156		ARPD Staff	Krusi Tennis Courts
Class # 29588	Jun 4 - Jul 9	w	5:30pm - 6:30pm
Res \$138, NRes \$	156	ARPD Staff	Krusi Tennis Courts
Class # 29589	Jun 4 - Jul 9	w	6:30pm - 7:30pm
Res \$138, NRes \$	156	ARPD Staff	Krusi Tennis Courts

## TOTS - CAMPS

## **ARPD TOTS CAMPS**

#### In order to enroll, your child must:

- Be ready to separate from parent (and parent from child)
- Be willing to participate in the program without parent being present
- Be out of diapers/pull ups and able to tend to their personal needs
- Meet the age requirement by the first day of class

## **Summer Tots**

#### Ages 3 - 5/Pre-K

This class is a combination class for three-year-olds to pre-K. The children will work on his/her social, emotional and self-help skills through play-based activities. They will learn songs, stories, and rhymes all to help develop phonetic awareness. Other activities include arts and crafts, motor fitness, and outdoor games. We follow the 4 basic building blocks of school readiness: Self-Care & Motor Skills, Self-Regulation & Social Expression and finally K-Academics.

THREE 2-WEEK SESSIONS - Sign up for one, two, or for all three sessions.				
Class # 28611	Jun 23 - Jul 3	M Tu W Th F	9:00am - 12:00pm	
\$243 (closed 4th of July)		ARPD Staff	Woodstock Park	
Class # 28612	Jul 7 - Jul 18	M Tu W Th F	9:00am - 12:00pm	
\$270		ARPD Staff	Woodstock Park	
Class # 28613	Jul 21 - Aug 1	M Tu W Th F	9:00am - 12:00pm	
\$270		ARPD Staff	Woodstock Park	



## **Tenderfoot Camp**

#### Ages 3 - TK

Join us for an introductory Day Camp experience. We will meet at Lower Washington Park (near the Tennis Courts) and then walk to either Robert Crown Beach or up to Washington Park to begin our day. Camp experiences will include making crafts, storytelling, games, and songs... all based on a weekly theme! We'll hike to Crab Cove to look for crabs and other sea life that lives at the Cove. Other walking field trips may be planned. Please bring a bag lunch to camp daily and water bottle. Names must be on all items brought to camp.

AGES 3 - 4				
Class # 29354	Jun 23 - Jun 27	M Tu W Th F	9:30am - 1:00pm	
Res \$158, NRes	\$184	ARPD Staff	Lower Washington Park	
Class # 29359	Jul 7 - Jul 11	M Tu W Th F	9:30am - 1:00pm	
Res \$158, NRes	\$184	ARPD Staff	Lower Washington Park	
Class # 29361	Jul 21 - Jul 25	M Tu W Th F	9:30am - 1:00pm	
Res \$158, NRes	\$184	ARPD Staff	Lower Washington Park	
AGES 4 - 5				
Class # 29355	Jun 30 - Jul 3*	M Tu W Th	9:30am - 1:00pm	
Res \$126, NRes 3	\$147	ARPD Staff	Lower Washington Park	
*4-day week, no c	amp Jul 4			
Class # 29360	Jul 14 - Jul 18	M Tu W Th F	9:30am - 1:00pm	
Res \$158, NRes	\$184	ARPD Staff	Lower Washington Park	
Class # 29362	Jul 28 - Aug 1	M Tu W Th F	9:30am - 1:00pm	
Res \$158, NRes	\$184	ARPD Staff	Lower Washington Park	

## **Tiny Tot Art Camp**

#### Ages 4 - TK

Develop your inter-artistic skills while having fun. You will work with a variety of different art mediums from paints, watercolors, paper, to clay. You will also learn how to mix colors and how shapes are used in art. The artwork is progressive and will be sent home when finished. Also, art can be messy. All artists should wear clothes that can get messy.

Art projects are age appropriate.

 Class # 28614
 Jul 7 - Jul 18
 M Tu W Th F
 9:00am - 12:00pm

Class # 28614	Jul 7 - Jul 18	M Tu W Th F	9:00am - 12:00pm
\$275	APRD Staff	McKinley Park	
Class # 28615	Jul21 - Aug 1	M Tu W Th F	9:00am - 12:00pm
\$275	APRD Staff	McKinley Park	

## **Cancelation - Withdrawal - Transfer Policy**

You must cancel or withdraw at least one week before the program starts to receive a credit on your ARPD account, for future use. A \$20 service fee will be charged for each class, camp, or program you cancel or withdraw from.

Some specialty camps or programs may have different policies and service fees. Please refer to the description or details for any specific program prior to registration.

A \$20 service fee applies to any changes or transfers made after your original registration.

## **ARPD ENRICHMENT CAMPS**

## **Cooking 4 Tots**

#### Ages 4 - 5

Come learn how to measure, mix and mash ingredients together and create a yummy piece of art to eat. Learn how to use kitchen tools safely and how you use your 5 senses in cooking. Food made in class will be eaten the same day. Any leftovers will be sent home. \*Not recommended if your child has food allergies.

Class # 29832	Jun 23 - Jun 27 & Jul 7 - Jul 18	M W F	1:00pm - 3:00pm
\$196, includes \$10 food supply fee		ARPD Staff	Woodstock Center

## Jr. Cooking Explorers - International

#### Ages 3 - 5

Cooking with ARPD is an interactive kids, cooking camp and workshop. Over the course of the program, participants will build confidence, learn how to make real dishes and bake delicious pastries, kitchen safety, gain an understanding of different cultures and traditions, make new friends, and above all, have fun in the kitchen! Activity Highlights: Mediterranean, Asian, Italian, Western.

Class # 28477         Jun 21 - Jun 25           Res \$155, NRes \$185		M Tu W Th F	1:00pm - 4:00pm
		ARPD Staff	Center at Leydecker Park

## **Sporty Tots Camp**

#### Ages 3 - 5.5

Sporty tots camp introduces toddlers to recreational activities where they can improve their socialization and coordination while surrounded by our positive and encouraging staff. They will experience different activities such as obstacle courses, tag games, and an introduction to sports such as soccer and basketball.

Class # 29637	Jun 16 - Jun 20	M Tu W Th F	9:00am - 12:00pm
Res \$175, NRes	Res \$ 175, NRes 200		Gym at Alameda Point Gym
Class # 29638	Jun 23 - Jun 27	M Tu W Th F	9:00am - 12:00pm
Res \$175, NRes	200	ARPD Staff	Gym at Alameda Point Gym
Class # 29639	Jun 30 - Jul 3	M Tu W Th	9:00am - 12:00pm
Res \$140, NRes	; 160	ARPD Staff	Gym at Alameda Point Gym
Class # 29640	Jul 7 - Jul 11	M Tu W Th F	9:00am - 12:00pm
Res \$175, NRes	Res \$175, NRes 200		Gym at Alameda Point Gym
Class # 29641	Jul 14 - Jul 18	M Tu W Th F	9:00am - 12:00pm
Res \$175, NRes	200	ARPD Staff	Gym at Alameda Point Gym
Class # 29642	Jul 21 - Jul 25	M Tu W Th F	9:00am - 12:00pm
Res \$175, NRes	200	ARPD Staff	Gym at Alameda Point Gym
Class # 29643	Jul 28 - Aug 1	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes 200		ARPD Staff	Gym at Alameda Point Gym
Class # 29644	Aug 4 - Aug 8	M Tu W Th F	9:00am - 12:00pm
Res \$175, NRes	200	ARPD Staff	Gym at Alameda Point Gym



## **STEAM: Tiny Tots Camps**

#### Ages 3 - 5

Our program is filled with hands-on activities that allow children to explore their sensory awareness through various experiences following a STEAM curriculum. The curriculum is based on the idea of educating children in five main academic disciplines- technology, engineering, art, mathematics, and science with a fun recreational twist (field time, arts & crafts, recreational games, and much more). Note: registration will close one week before the start of each camp.

STEAM: SUPERHERO Activity Highlights: *DIY Capes, Miniature Cities					
Class # 28458 Jul 14 - Jul 18 M Tu W Th F 1:00pm - 4:00p					
Res \$149, NRes \$172 ARPD Staff Center at Leydecker Park					
STEAM: LILO & STITCH Activity Highlights: Paper puppets, L&S Disney resin Ears					
Class # 28459	Jul 21 - Jul 25	M Tu W Th F	1:00pm - 4:00pm		
Res \$149, NRes \$172	ARPD Staff	Center at Leya	lecker Park		
STEAM: COLOR SPLASH! Activity Highlights: Musical Color Art, Tie Dye Shirts					
Class # 28460	Jul 28 - Aug 1	M Tu W Th F	1:00pm - 4:00pm		
Res \$149, NRes \$172 ARPD Staff Center at Leydecker Park					

## **DANCE CLASS**

## **Dance With Me Ballet**

#### Ages 3 - 4

Students and one caregiver are exposed to the basic concepts, rhythms, and positions of ballet. This class was introduced for our very young students who may have separation anxiety or are not quite ready to take class without a caregiver.

Class # 29694	Jun 28 - Aug 2	Sa	9:30am - 10:15am
\$155	ABA STAFF	Alameda Ballet A	Academy, 1402 Park St

## **TOTS - PLAYGROUP & PRESCHOOL**

## PLAYGROUP

## Alameda Wee Play

#### Age 6 month - 3 years

Alameda's play center for infants and toddlers includes arts and crafts, music time, and developmental and exploratory play. Activities are minimally structured, allowing children to enjoy and explore on their own terms.

Jun 16 - Aug 29 (No class 7-4)	M W F	10:00am - 1:00pm
\$6 Drop-in per day per child or	\$60 Drop-in Card for 12 visits	
Volunteer to clean up and receive free entrance for that day - limited number available		ust be accompanied and by a parent or caregiver at

Alameda Veteran's Memorial Building, 2203 Central Ave, Room 120, enter from ramp in front of building

## **PRESCHOOL - FALL**

#### **Tiny Tot & Small Fry Preschool** Registration online/email/ or mail in Ages 3 - 5

Want to help your child develop the skills needed in Pre-K and Kindergarten? Our Tiny Tot program is here to help. We offer a play-based, recreational program for children ages 3 to 5 years old (pre-kindergarten). Our activities include a variety of arts and crafts, storytelling, games, cooking, music, motor fitness, outside play and more. We follow the 4 basic building blocks of school readiness: Self-Care & Motor Skills, Self-Regulation & Social Expression and finally K-Academics.

#### FALL TINY TOTS REGISTRATION WILL START ON MONDAY, JULY 7, 2025 Online, email, or in person at our ARPD office.

14-week Session from September 2 to December 12, 2025 No class on Nov. 10th, Nov. 11th, and Nov. 24th through Nov. 28th

3 DAYS A WEEK: M W F						
Class # 29107	M W F	9:00am – 12:00pm	Godfrey Park			
Class # 29109 M W F		9:00am – 12:00pm	McKinley Park			
Class # 29110	MWF	12:00pm – 3:00pm	McKinley Park			
Class # 29112	MWF	9:00am – 12:00pm Woodstock Park				
* Payments: In F	ull \$1134; 2 pa	yments \$582; 3 payments \$	388; 4 payments \$291			
2 DAYS A WEEK	: TU TH					
Class # 29108	Tu Th	9:00am – 12:00pm	Godfrey Park			
Class # 29111	Tu Th	9:00am – 12:00pm	McKinley Park			
Class # 29113	Tu Th	9:00am – 12:00pm	Woodstock Park			
*Payments: In Full \$756; 2 payments \$393; 3 payments \$262; 4 payments \$196.50						

Can combine a M W F class with a Tu Th class. Six students are required to open a site. \*Full payment is required for online registration. If you wish to set up a payment plan, send your form to arpd@alamedaca.gov







### www.alamedaca.gov/recreation

SUMMER 2025

## **SPRING CAMPS**

### **Spring Vacation Break**

Grades All-Day K - 5 There are still spots available in our Spring Camp, check online for details.

Class #27645	Apr 7 - Apr 11	M Tu W Th F	8:00am - 5:30pm
Res \$296, NRes \$339	ARPD Staff	Lincoln Park,	Harrison Center

## **ARPD ADVENTURE CAMPS**

### **Hidden Cove Day Camps**

#### Completed Grades All-Day K - 1

Hidden Cove Day Camp will be held at Robert Crown Memorial State Beach Park and will emphasize nature and the outdoors, and of course... FUN! Explore and enjoy the exciting adventures of the outdoors with hiking, archery, camp skills, games, and nature crafts. This program is open to those who have completed ALL-DAY Kindergarten through 1st grade, ages are calculated in the system to reflect school enrollment guidelines. HIDDEN COVE IS HELD ENTIRELY OUTSIDE. Each camper will get their very own commemorative t-shirt to celebrate our 72nd year of Day Camp in Alameda! Full payment is required at time of registration. Please send your child with a packed lunch unless notified otherwise. Families will be sent a letter and instructions via e-mail for parking, within the week prior to camp starting. ARPD summer programs will emphasize recreational activities (sports, active games, fitness), enrichment activities (arts & crafts, science, passive and social games, cooking), and youth development (safety, community/ team building, positive relationship building, skill building).

WOW-X Care: See page 19. CANCELATION POLICY: See page 19.

Class # 29166	Jun 16 - Jun 20	M Tu W Th F	9:00am - 3:00pm
Res \$250, NRes \$300	ARPD Staff	Robert Crown I (Otis & Westlin	
Class # 29174	Jun 23 - Jun 27	M Tu W Th F	9:00am - 3:00pm
Res \$250, NRes \$300	ARPD Staff	Robert Crown Beach (Otis & Westline Dr)	
Class # 29177	Jun 30 - Jul 3	M Tu W Th	9:00am - 3:00pm
Res \$200, NRes \$244	ARPD Staff	Robert Crown Beach (Otis & Westline Dr)	

### **Cancelation - Withdrawal - Transfer Policy**

You must cancel or withdraw at least one week before the program starts to receive a credit on your ARPD account, for future use. A \$20 service fee will be charged for each class, camp, or program you cancel or withdraw from.

Some specialty camps or programs may have different policies and service fees. Please refer to the description or details for any specific program prior to registration.

A \$20 service fee applies to any changes or transfers made after your original registration.

## **Trails End Day Camps**

Completed Grades 2 - 5

Trails End Day Camp will be held at Robert Crown Memorial State Beach Park and will emphasize nature and the outdoors, and of course... FUN! Explore and enjoy the exciting adventures of the outdoors with hiking, archery, camp skills, games, and nature crafts. This program is open to those who have completed 2nd through 5th grades and are 7 to 11 years old. TRAILS END IS HELD ENTIRELY OUTSIDE. Each camper will get their very own commemorative t-shirt to celebrate our 72nd year of Day Camp in Alameda! Full payment is required at time of registration. Please send your child with a packed lunch unless notified otherwise. Families will be sent a letter and instructions via e-mail for parking, within the week prior to camp starting. ARPD summer programs will emphasize recreational activities (sports, active games, fitness), enrichment activities (arts & crafts, science, passive and social games, cooking), and youth development (safety, community/team building, positive relationship building, skill building). WOW-X Care: See page 19. CANCELATION POLICY: See page 19.

Class # 29242	Jul 7 - Jul 11	M Tu W Th F	9:00am - 4:00pm
Res \$340, NRes \$410	ARPD Staff Robert Crown Beach (Otis & Westline Dr)		
Class # 29246	Jul 28 - Aug 1	- Aug 1 M Tu W Th F 9:00a	
Res \$340, NRes \$410	ARPD Staff	Robert Crown B (Otis & Westline	
Class # 29250	Aug 4 - Aug 8	M Tu W Th F	9:00am - 4:00pm
Res \$340, NRes \$410	ARPD Staff	Robert Crown Beach (Otis & Westline Dr)	



## YOUTH - ARPD ADVENTURE CAMPS & X CARE

## Trails End Day Camp & Trailblazers Overnight Camp

#### Grades 3 - 5

Our Trails End Day Camp is being combined with our Trailblazers Camp to create an awesome two-week camping experience for kids ages 8 to 11 years old and completed 3rd through 5th grades. Reinhardt Redwood Regional Park in the Oakland Hills provides the natural setting for the outdoor fun of hiking, camp skills, nature crafts, cooking, AND CAMPING UNDER THE STARS. The majority of the two-week session is considered a day camp program (8:30am to 4:30pm). The overnight will take place the evenings of July 22 & 23. Please send your child with a packed lunch on July 14-18, 21-22 & 25. Meals will be provided on July 22 (dinner), July 23 (breakfast, lunch, dinner), & July 24 (breakfast, lunch). Campers are bussed to and from camp daily, except for Tuesday 7/22 PM, Wednesday 7/23, and Thursday 7/24 AM. There will be three options for pick-up/drop-off locations in Alameda: Franklin Park, Krusi Park/Otis School, and Washington Park. THE DROP-OFF ON THURSDAY, JULY 24th, WILL ONLY TAKE PLACE AT KRUSI PARK/OTIS SCHOOL! We will go swimming at an EBRPD facility on July 25. Each camper will get their very own commemorative t-shirt to celebrate our 72nd year of Day Camp! Full payment is required at time of registration. ARPD summer programs will emphasize recreational activities (sports, active games, fitness), enrichment activities (arts & crafts, science, passive and social games, cooking), and youth development (safety, community/team building, positive relationship building, skill building).Pre-registration is required for this program. A week before your camp session, you will be sent a detailed letter with specific instructions on what to bring for the overnight experience, and daily drop-off and pick-up instructions.\*Scheduled activities are subject to change, depending on guideline revisions from the Alameda County Health Department. ARPD programs follow all Alameda County Health and East Bay Regional Park protocols.\*

CANCELATION POLICY: See page 19. FOR TRAILBLAZERS CAMP, A \$100 SERVICE FEE WILL BE CHARGED IF YOU DECIDE TO WITHDRAW.

Class # 29261	Jul 14 - Jul 25	M Tu W Th F	8:30am - 4:30pm
Res \$1000, NRes \$1140	ARPD Staff	Redwood Regio Oakland Hills	nal Park,

### GET OUTDOORS THIS SUMMER! ARPD is ready for its action-packed "Summer of Entertainment – Lights, Camera, Action."

ARPD encourages every individual to get outdoors this summer, be active, engage with each other, be inclusive and above all have fun!

Our WOW Program is going to look a little different this summer, so please check out the changes prior to registering.

- Bayport WOW will be for children who have completed TK through 1st grades only.
- Godfrey WOW will be for children who have completed TK through 4th grades.
- Franklin, Krusi and Washington WOW sites will be for children who have completed 1st through 4th grades only.
- Pricing and hours will differ for Bayport WOW, due to staffing levels and the age of children.



## WOW-X Care

**Completed Grades All-Day K - 5** 

Do you need extended care before and/or after our "Hidden Cove" or "Trails End" day camps? Sign up for our World of Wonder (WOW-X) Program at Washington Park! Washington WOW opens at 8:00am and closes at 5:30pm. Children who have completed all-day Kindergarten through 4th Grades (and 5th grade for Trails End only!) as of Summer 2025 will enjoy a fun-filled summer at our WOW site, while parents enjoy the security of a supervised extended care program. The cost of WOW-X includes transportation to our camp. You must pre-register for WOW-X so we can meet our staffing and transportation needs. Please drop off your child at Washington WOW at least 30 minutes before your camp start time; if you do not drop-off at Washington WOW, you should go directly to the parking lot at Robert Crown Memorial Beach Park (Otis and Westline Drives; see letter) before camp starts. At the end of your camp day, we will walk your child back to Washington WOW. Children need to be picked up by parents/guardians no later than 5:30pm at Washington WOW. You must register and pay for camp first, then add the WOW-X week. Pre-registration is required for our WOW program. A \$20 administrative fee will be added to any payments received the Saturday or Sunday before your WOW week, or for any changes made after your original registration. If you register over the weekend, for that week's session, please bring your receipt to your program site on Monday morning. \*Scheduled activities are subject to change, depending on guideline revisions from the Alameda County Health Department. ARPD programs follow all Alameda County Health protocols. CANCELATION POLICY: See page 19.

WOW-X - WASHINGTON - HIDDEN COVE					
Class # 29182	lass # 29182 Jun 16 - Jun 20 les \$124, NRes \$134 ARPD Staff		20	M Tu W Th F	8:00am - 5:30pm
Res \$124, NRes \$1				Washington Park	
Class # 29198		Jun 23 - Jun 27		M Tu W Th F	8:00am - 5:30pm
Res \$124, NRes \$134 ARPD Staff			Washington Park		
Class # 29199		Jun 30 - Jul	3	M Tu W Th	8:00am - 5:30pm
Res \$103, NRes \$1	11	ARPD Staff Washington Park		Park	
WOW-X - WASHINGTON - TRAILS END					
Class # 29254 Jul 7 - Jul 11		MI	u W Th F	8:00am - 5:30pm	

Class # 29254	Jul 7 - Jul 11	M Tu W Th F	8:00am - 5:30pm
Res \$94, NRes \$10	02	ARPD Staff	Washington Park
Class # 29255	Jul 28 - Aug 1	M Tu W Th F	8:00am - 5:30pm
Res \$94, NRes \$10	02	ARPD Staff	Washington Park
Class # 29256	Aug 4 - Aug 8	M Tu W Th F	8:00am - 5:30pm
Res \$94, NRes \$10	02	ARPD Staff	Washington Park

**20** SUMMER 2025

### **WOW Camps**

#### Completed Grades TK - 4

The World of Wonder (WOW) Program has been the favorite way for kids to spend their summer vacation, and for parents to be assured of the security of a supervised recreational care program. WOW will be held at various park sites across Alameda. All programs will spend the majority of the program day enjoying activities outdoors. Minimum enrollment is 8 participants; if minimum is not met, a site will be closed and registrants may join another program site, space permitting. Registration is available per week (no single days allowed). Full payment is required at time of registration. Please send your child with a packed lunch unless notified otherwise. All activities are geared toward a weekly theme. Activities include, but are not limited to the following: crafts, games, cooking, drama, nature, walking excursions and much, much more! ARPD summer programs will emphasize recreational activities (sports, active games, fitness), enrichment activities (arts & crafts, science, passive and social games, cooking), and youth development (safety, community/team building, positive relationship building, skill building). Pre-registration is required for our WOW program. If you register over the weekend, for that week's session, please bring your receipt to your program site on Monday morning.\*Scheduled activities are subject to change, depending on guideline revisions from the Alameda County Health Department. ARPD programs follow all Alameda County Health protocols. **CANCELATION POLICY:** See page 19.

BAYPORT WOW – Completed Grades TK - 1			
Class # 29496	Jun 16 - Jun 20	M Tu W Th F	9:00am - 4:00pm
Class # 29497	Jun 23 - Jun 27	M Tu W Th F	9:00am - 4:00pm
Class # 29498	Jun 30 - Jul 3*	M Tu W Th	9:00am - 4:00pm
Class # 29499	Jul 7 - Jul 11	M Tu W Th F	9:00am - 4:00pm
Class # 29500	Jul 14 - Jul 18	M Tu W Th F	9:00am - 4:00pm
Class # 29501	Jul 21 - Jul 25	M Tu W Th F	9:00am - 4:00pm
Class # 29502	Jul 28 - Aug 1	M Tu W Th F	9:00am - 4:00pm
Res \$250, NRes \$294, *Res \$200, NRes \$236		ARPD Staff	Bayport Park

FRANKLIN WOW - Completed Grades 1 - 4			
Class # 29469	Jun 16 - Jun 20	M Tu W Th F	8:00am - 5:30pm
Class # 29470	Jun 23 - Jun 27	M Tu W Th F	8:00am - 5:30pm
Class # 29471	Jun 30 - Jul 3*	M Tu W Th	8:00am - 5:30pm
Class # 29472	Jul 7 - Jul 11	M Tu W Th F	8:00am - 5:30pm
Class # 29473	Jul 14 - Jul 18	M Tu W Th F	8:00am - 5:30pm
Class # 29474	Jul 21 - Jul 25	M Tu W Th F	8:00am - 5:30pm
Class # 29475	Jul 28 - Aug 1	M Tu W Th F	8:00am - 5:30pm
Class # 29476	Aug 4 - Aug 8	M Tu W Th F	8:00am - 5:30pm
Res \$285, NRes \$343 *Res \$228, NRes \$259		ARPD Staff	Franklin Park

GODFREY WOW – Completed Grades TK - 4				
Class # 29616	Jun 16 - Jun 20	M Tu W Th F	8:00am - 5:30pm	
Class # 29617	Jun 23 - Jun 27	M Tu W Th F	8:00am - 5:30pm	
Class # 29618	Jun 30 - Jul 3*	M Tu W Th	8:00am - 5:30pm	
Class # 29619	Jul 7 - Jul 11	M Tu W Th F	8:00am - 5:30pm	
Class # 29620	Jul 14 - Jul 18	M Tu W Th F	8:00am - 5:30pm	
Class # 29621	Jul 21 - Jul 25	M Tu W Th F	8:00am - 5:30pm	
Class # 29623	Jul 28 - Aug 1	M Tu W Th F	8:00am - 5:30pm	
Class # 29624	Aug 4 - Aug 8	M Tu W Th F	8:00am - 5:30pm	
Res \$285, NRes \$343 *Res \$228, NRes \$259		ARPD Staff	Godfrey Park	

KRUSI WOW – Completed Grades 1 - 4				
Class # 29478	Jun 16 - Jun 20	M Tu W Th F	8:00am - 5:30pm	
Class # 29479	Jun 23 - Jun 27	M Tu W Th F	8:00am - 5:30pm	
Class # 29480	Jun 30 - Jul 3*	M Tu W Th	8:00am - 5:30pm	
Class # 29481	Jul 7 - Jul 11	M Tu W Th F	8:00am - 5:30pm	
Class # 29482	Jul 14 - Jul 18	M Tu W Th F	8:00am - 5:30pm	
Class # 29483	Jul 21 - Jul 25	M Tu W Th F	8:00am - 5:30pm	
Class # 29484	Jul 28 - Aug 1	M Tu W Th F	8:00am - 5:30pm	
Class # 29485	Aug 4 - Aug 8	M Tu W Th F	8:00am - 5:30pm	
Res \$285, NRes \$ *Res \$228, NRes		ARPD Staff	Krusi Park	

WASHINGTON WOW – Completed Grades 1 - 4			
Class # 29487	Jun 16 - Jun 20	M Tu W Th F	8:00am - 5:30pm
Class # 29488	Jun 23 - Jun 27	M Tu W Th F	8:00am - 5:30pm
Class # 29489	Jun 30 - Jul 3*	M Tu W Th	8:00am - 5:30pm
Class # 29490	Jul 7 - Jul 11	M Tu W Th F	8:00am - 5:30pm
Class # 29491	Jul 14 - Jul 18	M Tu W Th F	8:00am - 5:30pm
Class # 29492	Jul 21 - Jul 25	M Tu W Th F	8:00am - 5:30pm
Class # 29493	Jul 28 - Aug 1	M Tu W Th F	8:00am - 5:30pm
Class # 29494	Aug 4 - Aug 8	M Tu W Th F	8:00am - 5:30pm
Res \$285, NRes \$ *Res \$228, NRes		ARPD Staff	Washington Park

## **FIELD TRIPS**

#### Summer Youth Field Trips Completed Grades 1 - 4

ARPD will be offering a number of exciting optional field trips this summer. Bus transportation, staff supervision, and snacks are provided for each trip. Lunch may be provided on certain trips, so be sure to check the description. Check our website, during the Spring, for more information and how to register.

## SUMMER PARKS PROGRAM

## Parks and Playground Program

Completed Grades All-Day K - 5

These programs are the perfect opportunity for your child to participate in fun, safe, and cooperative activities where they can be creative, develop skills and make friends in an outdoor setting. Activities include arts and crafts, cooking, drama, games, nature and special events. A nominal fee may be charged to directly cover activity supply costs. Weekly activity calendars are available upon request.

The Parks & Playgrounds Program is not a childcare service!

FREE DROP-IN ACTIVITIES			
Jun 16 - Aug 8* M Tu W Th F 12:00pm - 5:00pm			
*Closed on July 4th	Park sites include Lincoln, Sweeney, Tillman & Washington		

## YOUTH - ARPD AQUATIC CAMPS

## **ARPD AQUATIC CAMPS**

#### Swimmers of all abilities welcome

Aquatic camps are fun-filled day programs designed to provide participants with engaging water-based activities in a safe and supportive environment. Focused on enjoyment and recreation, these camps emphasize creativity and imaginative play.

Each session features exciting themes, including drama-based activities and water games, ensuring a memorable experience for all campers. From Pirates and Mermaids to Aqua Drama and Camp Neverland, the camps offer a wide variety of activities to spark curiosity and keep participants active.

#### These camps provide the perfect opportunity for campers to make new friends, build confidence, and enjoy summer days in and around the water!

#### Our counselors will evaluate each camper's swimming ability

to determine if a life jacket is required for their safety. Swim tests will be conducted at the start of every camp session. To ensure a safe and enjoyable experience for all, campers may occasionally be grouped based on their swimming skills. When selecting a camp, we kindly ask you to consider your child's swimming proficiency to help ensure the best fit for their abilities.

## For Aqua Camps, please ensure your child brings the following items each day:

- A swimsuit and towel
- A rash guard for sun protection(optional but recommended)
- A change of clothes
- Water shoes (optional but recommended)
- Sunscreen (applied before camp and packed for reapplication)
- A hat for additional sun protection
- A lunch, water bottle, and snack

Thank you for helping us create a fun and safe experience for your child! We're so glad you've chosen to register with ARPD Aquatics! Below, you'll find some new information about our policies and procedures to help ensure your experience with us is as smooth as possible:

#### **Registration Policies**

#### **Refunds and Transfers:**

Parents can unenroll, request a refund, or transfer their registration from February 19 to April 18. After April 18, we will no longer issue refunds, although transfers may still be possible with certain limitations.

If you have any questions or need to request changes, please contact the Aquatics Department at arpdaquatics@alamedaca.gov. When you reach out, please include the participant's name, activity details, and a contact phone number. We'll do our best to respond within three business days.

#### Arrival and Departure Procedures Sign-In and Sign-Out:

SUMMER 2025

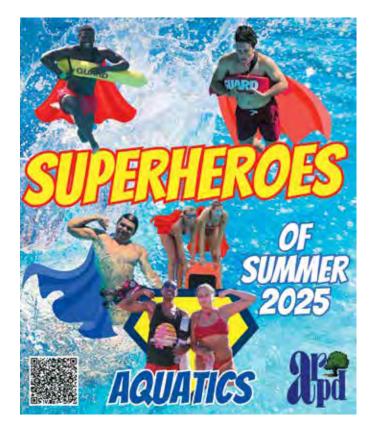
Parents or guardians must sign their child in upon arrival to ensure everyone's safety. Please note that children won't be able to participate in activities unless they are signed in. At the end of the day, an authorized parent or guardian must sign them out. Sign-out will occur by the jet at the Enincal High School semi-circle parking lot.

#### **Release Policy:**

 $\mathbf{22}$ 

For everyone's safety, we will only release a child from our facility with an authorized adult present unless management has made and approved prior arrangements.

Thank you for your attention to these matters and helping us create a safe and enjoyable environment for everyone!



**JUNE 9-13** 

AGES 6-12 MERPERSON UNIVERSITY

This is your chance to experience what it's like to swim like a mermaid! Merperson University puts safety first, our training starts with basic swimming skills before transitioning into the monofin. Instructors will teach safe fin use and proper breathing while swimming. Swim sessions incorporate movement skills, pool entries, exits, dolphin dives, spins, turns, and mermaid games.

Best of all, the fin is yours to keep! (Mermen are more than welcome to sign up!) \*Mono Fin and Mer-Tails included.

## PIRATE CAMP

Ahoy mateys! Do ye have a young'in who loves living the pirate life? Well then Pirate Camp is bound to be a perfect fit! 29069 Gampers will swim across the seven seas, 9AM-4PM find treasure, and create plenty of pirate AGES 6-12 Crafts and memories!

## ARPD AQUATIC CAMPS - YOUTH





## JUNE 23-26

**AGES 8-13** 

R\$440/NR\$500 29081 9AM-4PM

CARDBOARD BOAT CAMP Is your child up for the challenge of crossing the pool undefeated? Campers will get to swim, create their own cardboard boat design, and finish the session with a boat race across our pool.

AGES 9-12 29082 9AM-4PM

## A WEEK IN SHREK'S SWAMP

Welcome to the swamp! Join us to make messy green crafts, take trips to the Encinal boat ramp, and bring out your inner fairy tale character. AQUA SPORTS 29084 9AM-4PM AGES 8-13 Are you ready to dunk on summer? It's our goal to inspire friendly competition and collaboration for your kiddos, giving them an opportunity to get off the bench and splash into sporty games.

UNE 30 - JULY 3

R\$440/NR\$500

## PERCY JACKSON'S AGES 8-13 CAMP R\$410/NR\$40 HALF-BLOOD 29085

Explore the world of Percy Jackson while taking on classic summer camp activities such as tie dye and capture the flag with a mythical twist.

SUMMER 2025

## YOUTH - ARPD AQUATIC CAMPS



At this camp, time stops, allowing your child to enjoy their youth while emulating the characters of Peter Pan. Campers will set off on a magical, aquatic adventure that s sure to include pixle dust, and conquering Captain Hook.

AQUAECO 29102 9AM-4PM If your kiddo loves marine life, bodies of water, and the environment, Aqua Eco is the perfect opportunity to explore their interests. Join us to create eco-friendly crafts, and learn about aquatic ecosystems off the pacific coast.

AGES 8-12

JULY 14-17

AGES 7-13

SUMMER 2025

24

AGES 9-13 BEGINNER DIVE R\$200/NR\$230 29089 9AM-12PM

R\$540/NR\$600

This class introduces fundamental diving skills. You'll learn basic body balance, spatial awareness, and safe water entry, with a focus on mastering the essentials of diving at your own pace. No previous diving experience is required!

## JULY 21-24

## INTRO TO POLO

Learn beginner knowledge and skills while building your endurance. Emphasis will be placed on: learning to eggbeater (tread water), catching and throwing the ball with one hand, shooting techniques, swimming with the ball, head-up freestyle swimming, and the beginning concepts of offense and defense.

> R\$220/NR250 29104 9AM-12PM



JULY 21-24

AGES 8-12

R\$540/NR\$600 29105 9AM-4PM

WELCOME TO THE WILD WRET COAST

Yee-Haw! Put on your swimming boots buckaroos, it's time to lasso your aqua skills and round up your buddies to play crazy water games with a western twist.

## ARPD AQUATIC CAMPS - YOUTH



## YOUTH - ARPD AQUATIC CAMPS

## TRIATHALON CAMP AGES 10-15 JUNE 11- AUGUST 8, 2024 \$275R /\$375NR PER WEEK \$1980R/\$2700NR ALL SUMMER #29349 8AM-11AM

"Triathlon-specific swim, biking, and running for youth athletes of all levels and advanced junior swimmers! Build endurance, speed, and power in the water to feel fresh heading out for the bike!

Run a Triathlon at the end of the summer! 8 am Morning Drop off- Encinal Swim Center with their bikes.

FULL

SUMMER



26

**SUMMER 2025** 

\*Deposit Required (Non-Refundable) Payment Plans Available\*



## FULL SUMMER

INTRO TO SWIM TEAM AGES 10-17 \$650R /\$750NR M/W OR T/TH \$1300R/\$1500NR ALL SUMMER JUNE 16- AUGUST 2 #29309 M-TH 5:30-7 PM

Are you thinking about joining a competitive swim team? Join our Intro to Swim Team group this spring and see what it would be like. Designed for swimmers ready to join a competitive swim team and want to refine their skills and learn new skills necessary for competitive swimming, this all-summer class \*Deposit Required (Non-Refundable) Payment Plans Available\*



## **ARPD ENRICHMENT CAMPS**

## **Cooking Explorers**

### Ages 6 - 12

Cooking with ARPD is an interactive kids, cooking camp and workshop. Over the course of the program, participants will build confidence, learn how to make real dishes and bake delicious pastries, kitchen safety, gain an understanding of different cultures and traditions, make new friends, and above all, have fun in the kitchen! Note: Campers registered for both STEAM and Cooking camp will only need to be dropped off in the morning and picked up in the evening. The onsite LEAD or Supervisor will sign them into Cooking Explorers.

ACTIVITY HIGHLIGHTS: Spring rolls, Beef Miso Ramen, Cooking Journals				
Class # 28476 Jul 14 - Jul 18 M Tu W Th F 2:30pm - 5:30pm				
Res \$155, NRes \$185 ARPD Staff Center at Leydecker Park				
<b>ACTIVITY HIGH</b>	LIGHTS: Horiatiki	salad, Baklava,	Custom apron.	
Class # 28478 Jul 28 - Aug 1 M Tu W Th F 2:30pm - 5:30pm				
Res \$155, NRes \$185 ARPD Staff Center at Leydecker Park				

### **STEAM Camp**

#### Ages 6 - 12

STEAM stands for Science, Technology, Engineering/Environment, Art, and Math. These camps are intended to show campers how STEAM shapes their world, including their hobbies and interests. Each session have STEAM and traditional recreation activities (field time, arts & crafts, recreational games, and much more).

STEAM - HARRY POTTER: DIY Wand, Potion Making, Quidditch.				
Class # 28463	Jun 16 - Jun 20	M Tu W Th F	8:00am - 5:30pm	
Res \$299, NRes	Res \$299, NRes \$359 ARPD Staff Center at Leydecker Pa			
STEAM - DISNE	Y: DIY Mickey Ears	s, Moana Chall	enge, Elasti-Girl Slime	
Class # 28464	Jun 23 - Jun 27	M Tu W Th F	8:00am - 5:30pm	
Res \$304, NRes	\$354	ARPD Staff	Center at Leydecker Park	
STEAM - NICKE	LODEON: Slime C	ups, SpongeBol	o Dioramas	
Class # 28465	Jul 7 - Jul 11	M Tu W Th F	8:00am - 5:30pm	
Res \$304, NRes	\$354	ARPD Staff	Center at Leydecker Park	
STEAM - STAR	NARS: Resin Colle	ctors, Lightsabe	rs, Jedi Training.	
Class # 28468	Jul 14 - Jul 18	M Tu W Th F	8:00am - 2:30pm	
Res \$222, NRes	\$263	ARPD Staff	Center at Leydecker Park	
STEAM-SNACK	V. CHEF, HALF DA	CDIY custom apr	rons, Cheetos, Oreos, Gushers	
Class # 28466	Jul 21 - Jul 25	M Tu W Th F	8:00am - 12:15pm	
Res \$184, NRes	\$214	ARPD Staff	Center at Leydecker Park	
STEAM - ANIM	E, HALF DAY: DIY o	custom aprons,	Cheetos, Oreos, Gushers.	
Class # 28467	Jul 21 - Jul 25	M Tu W Th F	1:15pm - 5:30pm	
Res \$155, NRes	\$185	ARPD Staff	Center at Leydecker Park	
STEAM - MARV	EL: DIY comics, Hu	lk Slime, Exo-h	ands.	
Class # 28469	Jul 28 - Aug 1	M Tu W Th F	8:00am - 2:30pm	
Res \$222, NRes	\$263	ARPD Staff	Center at Leydecker Park	
STEAM - COLO	R SPLASH!: DIY M	andalas, Lava L	amps, Colorful Flowers.	
Class # 28472	Aug 4 - Aug 8	M Tu W Th F	8:00am - 5:30pm	
Res \$299, NRes	\$359	ARPD Staff	Center at Leydecker Park	

## **ARPD SPORTS CAMPS**

## **All Sports Camp**

#### Ages 5 - 13

Come join us for a fun filled summer where your kid will have the opportunity to meet and play with other kids in the community. Our All Sports program allows campers to experience a wide variety of sports and other athletic activities. Over the course of the week, campers will be introduced to traditional sports such as basketball, flag football and wiffleball. In addition, they will also have the chance to experience sports such as archery, pickleball and games like capture the flag and dodgeball. Lunch takes place at Noon everyday of camp, please pack your child with lunch and a water bottle. ARPD does not provide lunch at this camp. Camp takes place inside the gym and also outside at the multipurpose field (Weather permitting). NOTE: Extended Care registration includes mornings 8-9am and afternoons 4-6pm.

WEEK 1			
Class # 29416	Jun 16 - Jun 20	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29420	Jun 16 - Jun 20	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29413	Jun 16 - Jun 20	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$	340	ARPD Staff	Alameda Point Gym
EXTENDED CARE			
Class # 29421	Jun 16 - Jun 20	M Tu W Th F	8 - 9am & 4 - 6pm
Res \$100, NRes \$	115	ARPD Staff	Alameda Point Gym
WEEK 2			
Class # 29424	Jun 23 - Jun 27	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$2	Res \$175, NRes \$200		Alameda Point Gym
Class # 29427	Jun 23 - Jun 27	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29422	Jun 23 - Jun 27	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$	340	ARPD Staff	Alameda Point Gym
EXTENDED CARE			
Class # 29429	Jun 23 - Jun 27	M Tu W Th F	8 - 9am & 4 - 6pm
Res \$100, NRes \$	115	ARPD Staff	Alameda Point Gym
WEEK 3			
Class # 29532	Jun 30 - Jul 3	M Tu W Th	9:00am - 12:00pm
Res \$140, NRes \$	160	ARPD Staff	Alameda Point Gym
Class # 29533	Jun 30 - Jul 3	M Tu W Th	1:00pm - 4:00pm
Res \$140, NRes \$	160	ARPD Staff	Alameda Point Gym
Class # 29530	Jun 30 - Jul 3	M Tu W Th	9:00am - 4:00pm
Res \$240, NRes \$2	276	ARPD Staff	Alameda Point Gym
EXTENDED CARE			
Class # 29534	Jun 30 - Jul 3	M Tu W Th	8 - 9am & 4 - 6pm
	5	ARPD Staff	Alameda Point Gym

## YOUTH - ARPD SPORTS CAMPS

WEEK 4		-	
Class # 29536	Jul 7 - Jul 11	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$	Ì	ARPD Staff	Alameda Point Gym
Class # 29537	Jul 7 - Jul 11	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$	200	ARPD Staff	Alameda Point Gym
Class # 29535	Jul 7 - Jul 11	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$	340	ARPD Staff	Alameda Point Gym
EXTENDED CARE	1	1	1
Class # 29538	Jul 7 - Jul 11	M Tu W Th F	8 - 9am & 4 - 6pm
Res \$100, NRes \$	115	ARPD Staff	Alameda Point Gym
WEEK 5			
Class # 29540	Jul 14 - Jul 18	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$	200	ARPD Staff	Alameda Point Gym
Class # 29541	Jul 14 - Jul 18	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$	200	ARPD Staff	Alameda Point Gym
Class # 29539	Jul 14 - Jul 18	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$	340	ARPD Staff	Alameda Point Gym
EXTENDED CARE			
Class # 29542	Jul 14 - Jul 18	M Tu W Th F	8 - 9am & 4 - 6pm
Res \$100, NRes \$	115	ARPD Staff	Alameda Point Gym
WEEK 6			
Class # 29544	Jul 21 - Jul 25	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$	200	ARPD Staff	Alameda Point Gym
Class # 29545	Jul 21 - Jul 25	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$		ARPD Staff	Alameda Point Gym
Class # 29543	Jul 21 - Jul 25	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$	340	ARPD Staff	Alameda Point Gym
EXTENDED CARE			
Class # 29546	Jul 21 - Jul 25	M Tu W Th F	8 - 9am & 4 - 6pm
Res \$100, NRes \$	1	ARPD Staff	Alameda Point Gym
WEEK 7			· · · · · · · · · · · · · · · · · · ·
Class # 29548	Jul 28 - Aug 1	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$	-	ARPD Staff	Alameda Point Gym
Class # 29549	Jul 28 - Aug 1	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$	5	ARPD Staff	Alameda Point Gym
Class # 29547	Jul 28 - Aug 1	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$		ARPD Staff	Alameda Point Gym
EXTENDED CARE			
EXTENDED CARE Class # 29550	Jul 28 - Aug 1	M Tu W Th F	8 - 9am & 4 - 6pm
Class # 29550	Jul 28 - Aug 1	M Tu W Th F	8 - 9am & 4 - 6pm Alameda Point Gym
<b>Class # 29550</b> Res \$100, NRes \$	=	M Tu W Th F ARPD Staff	8 - 9am & 4 - 6pm Alameda Point Gym
Class # 29550 Res \$100, NRes \$ WEEK 8	115	ARPD Staff	Alameda Point Gym
Class # 29550 Res \$100, NRes \$ WEEK 8 Class # 29552	115 Aug 4 - Aug 8	ARPD Staff M Tu W Th F	Alameda Point Gym 9:00am - 12:00pm
Class # 29550 Res \$ 100, NRes \$ WEEK 8 Class # 29552 Res \$ 175, NRes \$	115 Aug 4 - Aug 8 200	ARPD Staff M Tu W Th F ARPD Staff	Alameda Point Gym 9:00am - 12:00pm Alameda Point Gym
Class # 29550 Res \$100, NRes \$ WEEK 8 Class # 29552 Res \$175, NRes \$ Class # 29554	115           Aug 4 - Aug 8           200           Aug 4 - Aug 8	ARPD Staff M Tu W Th F ARPD Staff M Tu W Th F	Alameda Point Gym 9:00am - 12:00pm Alameda Point Gym 1:00pm - 4:00pm
Class # 29550 Res \$100, NRes \$ WEEK 8 Class # 29552 Res \$175, NRes \$ Class # 29554 Res \$175, NRes \$	115           Aug 4 - Aug 8           200           Aug 4 - Aug 8           200	ARPD Staff M Tu W Th F ARPD Staff M Tu W Th F ARPD Staff	Alameda Point Gym 9:00am - 12:00pm Alameda Point Gym 1:00pm - 4:00pm Alameda Point Gym
Class # 29550 Res \$100, NRes \$ WEEK 8 Class # 29552 Res \$175, NRes \$ Class # 29554 Res \$175, NRes \$ Class # 29551	115         Aug 4 - Aug 8         200         Aug 4 - Aug 8         200         Aug 4 - Aug 8         200         Aug 4 - Aug 8	ARPD Staff M Tu W Th F ARPD Staff M Tu W Th F ARPD Staff M Tu W Th F	Alameda Point Gym 9:00am - 12:00pm Alameda Point Gym 1:00pm - 4:00pm Alameda Point Gym 9:00am - 4:00pm
Class # 29550 Res \$100, NRes \$ WEEK 8 Class # 29552 Res \$175, NRes \$ Class # 29554 Res \$175, NRes \$ Class # 29551 Res \$300, NRes \$	115         Aug 4 - Aug 8         200         Aug 4 - Aug 8         200         Aug 4 - Aug 8         200         Aug 4 - Aug 8	ARPD Staff M Tu W Th F ARPD Staff M Tu W Th F ARPD Staff	Alameda Point Gym 9:00am - 12:00pm Alameda Point Gym 1:00pm - 4:00pm Alameda Point Gym
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### Basketball Camp - Introduction Ages 5 - 12

The Intro to Basketball Camp is designed to introduce Campers to the sport of basketball. Campers receive an introduction to basketball and will learn basic concepts, terminology, and ball-handling movements from our encouraging and highly-skilled staff. Campers will play with more petite size balls and utilize adjustable hoops to accommodate their height and help improve their skills and confidence. These drills and techniques are paired with fun and competitive challenges to help our campers stay engaged and hungry for more competition. NOTE: If you wish to sign up your child for Extended Care (8am-9am), you must do so through the All Sports Extended Care registration.

Class # 29599	Jun 16 - Jun 20	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29601	Jun 23 - Jun 27	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29603	Jun 30 - Jul 3	M Tu W Th	9:00am - 12:00pm
Res \$140, NRes \$	160	ARPD Staff	Alameda Point Gym
Class # 29604	Jul 7 - Jul 11	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29605	Jul 14 - Jul 18	M Tu W Th F	9:00am - 12:00pm
Res \$175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29606	Jul 21 - Jul 25	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29607	Jul 28 - Aug 1	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29609	Aug 4 - Aug 8	M Tu W Th F	9:00am - 12:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym

28

SUMMER 2025

### **Cross Country Camp**

#### Ages 9 - 14

Welcome to ARPD's Cross Country Camp, where young runners, aged 9-14, embark on a journey of fitness and fun! Campers will engage in diverse workouts, such as scenic runs to build endurance, interval training for speed improvement, and dynamic drills to enhance running form. From hill sprints to team relay races, our program offers a holistic approach to cross country running. Join us for a week filled with varied workouts, expert coaching, and the thrill of conquering new running challenges! NOTE: If you wish to sign up your child for Extended Care (4pm-6pm), you must do so through the All Sports Extended Care sign up which is accessible on the website in Summer All Sports 2025 sub activities.

Class # 29665	Jun 23 - Jun 27	M Tu W Th F	1:00pm - 4:00pm
Res \$175, NRes \$200		ARPD Staff	Alameda Point Gym
Class # 29666	Jul 7 - Jul 11	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$200		ARPD Staff	Alameda Point Gym
Class # 29667	Jul 21 - Jul 25	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym

## Flag Football Camp

#### Ages 7 - 12

Our flag football camp is the perfect program for young athletes who want a complete introduction to the game of football. Campers will learn skills on both sides of the ball including the core components of passing, catching and defensive coverage. All of this is presented in a fun positive environment where your kid will participate in scrimmages with and against their friends. NOTE: If you wish to sign up your child for Extended Care (4pm-6pm), you must do so through the All Sports Extended Care sign up which is accessible on the website in Summer All Sports 2025 sub activities.

Class # 29660	Jun 16 - Jun 20	M Tu W Th F	1:00pm - 4:00pm
Res \$175, NRes \$200		ARPD Staff	Alameda Point Gym
Class # 29661	Jun 30 - Jul 3	M Tu W F	1:00pm - 4:00pm
Res \$140, NRes \$160		ARPD Staff	Alameda Point Gym
Class # 29662	Jul 14 - Jul 18	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29663	Aug 4 - Aug 8	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym



## **Not Just Soccer Camp**

#### Ages 6 - 12

Welcome to the "Not Just Sports Camp: a full-day extravaganza designed for campers aged 6-12! Dive into a world of sports by learning the basics of Soccer during the first half of the day. The excitement doesn't stop there, the second half of the day brings various activities, including alternative sports, arts and crafts, and more! From fun and exciting sport activities to artful creations, our camp embraces a perfect balance of athletic development and creative exploration. Join us for a full day of fun, friendships, and a wide variety of enriching experiences.

Class # 29560	Jun 23 - Jun 27	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$340		ARPD Staff	Tillman Park
Class # 29562	Jul 7 - Jul 11	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$340		ARPD Staff	Tillman Park
Class # 29564	Jul 21 - Jul 25	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$	340	ARPD Staff	Tillman Park
Class # 29566	Aug 4 - Aug 8	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$	340	ARPD Staff	Tillman Park

#### Not Just Tennis Camp Ages 6 - 12

Welcome to the "Not Just Sports Camp: a full-day extravaganza designed for campers aged 6-12! Dive into a world of sports by learning the basics of Tennis during the first half of the day at Tillman Park. The excitement doesn't stop there, the second half of the day brings various activities, including alternative sports, arts and crafts, and more! From fun and exciting sport activities to artful creations, our camp embraces a perfect balance of athletic development and creative exploration. Join us for a full day of fun, friendships, and a wide variety of enriching experiences.

Class # 29558	Jun 16 - Jun 20	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$340		ARPD Staff	Tillman Park
Class # 29561	Jun 30 - Jul 3	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$340		ARPD Staff	Tillman Park
Class # 29563	Jul 14 - Jul 18	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$	340	ARPD Staff	Tillman Park
Class # 29565	Jul 28 - Aug 1	M Tu W Th F	9:00am - 4:00pm
Res \$300, NRes \$340		ARPD Staff	Tillman Park

### **Cancelation - Withdrawal - Transfer Policy**

You must cancel or withdraw at least one week before the program starts to receive a credit on your ARPD account, for future use. A \$20 service fee will be charged for each class, camp, or program you cancel or withdraw from.

Some specialty camps or programs may have different policies and service fees. Please refer to the description or details for any specific program prior to registration.

A \$20 service fee applies to any changes or transfers made after your original registration.

## YOUTH - ARPD SPORTS CAMPS & RAP

### **Pickleball Camp**

#### Ages 8 - 13

Pickleball summer camp is a place where campers will learn the sport of Pickleball in a fun, exciting and nurturing environment. Campers will learn essential skills and techniques to help each camper improve their foundation and understanding of the sport. NOTE: If you wish to sign up your child for Extended Care (4pm-6pm), you must do so through the All Sports Extended Care sign up which is accessible on the website in Summer All Sports 2025 sub activities.

Class # 29646	Jun 16 - Jun 20	M Tu W Th F	1:00pm - 4:00pm
Res \$175, NRes \$200		ARPD Staff	Alameda Point Gym
Class # 29647	Jun 30 - Jul 3	M Tu W Th	1:00pm - 4:00pm
Res \$140, NRes \$	160	ARPD Staff	Alameda Point Gym
Class # 29648	Jul 14 - Jul 18	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29649	Jul 28 - Aug 1	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29650	Jun 23 - Jun 27	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29651	Jul 7 - Jul 11	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29652	Jul 21 - Jul 25	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29653	Aug 4 - Aug 8	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym

## **Ultimate Frisbee Camp**

#### Ages 7-13

Our Ultimate Frisbee camp is the perfect program for young athletes who want a complete introduction to the game of Ultimate Frisbee. Campers will learn the rules, fundamentals, and skills of this game in an outdoor environment! This includes the core components of passing, catching and defensive coverage. All of this is presented in a fun positive environment where your kid will participate in scrimmages with and against their friends.

Class # 29673	Aug 4 - Aug 8	M Tu W Th F	1:00pm - 4:00pm
Res \$175, NRes \$200		ARPD Staff	Alameda Point Gym
Class # 29672	Jul 21 - Jul 25	M Tu W Th F	1:00pm - 4:00pm
Res \$175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29670	Jun 23 - Jun 27	M Tu W Th F	1:00pm - 4:00pm
Res \$175, NRes \$2	200	ARPD Staff	Alameda Point Gym
Class # 29671	Jul 7 - Jul 11	M Tu W Th F	1:00pm - 4:00pm
Res \$ 175, NRes \$2	200	ARPD Staff	Alameda Point Gym

## **DONATE NOW!** Support Alameda Parks

**SUMMER 2025** 





### Volleyball Camp - Introduction Ages 9 - 13

Our intro to volleyball camp provides a comprehensive coaching system for teaching individual skills and team play to entry level kids. We give our campers the kind of focused, intensive training essentials needed for improvement. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed to introduce your kid to volleyball and incorporates essential life lessons such as teamwork and life lessons. We complement this with fun activities and group games to practice these newly acquired skills. The intro to volleyball camp will be a great way to introduce your child to the popular sport of volleyball. NOTE: If you wish to sign up your child for Extended Care (4pm-6pm), you must do so through the All Sports Extended Care registration.

Class # 29784	Jun 16 - Jun 20	M Tu W Th F	1:00pm - 4:00pm
Res \$175, NRes \$200		ARPD Staff	Alameda Point Gym
Class # 29810	Jun 30 - Jul 3	M Tu W Th	1:00pm - 4:00pm
Res \$140, NRes \$20	00	ARPD Staff	Alameda Point Gym
Class # 29811	Jul 14 - Jul 18	M Tu W Th F	1:00pm - 4:00pm
Res \$175, NRes \$20	00	ARPD Staff	Alameda Point Gym
Class # 29812	Jul 28 - Aug 1	M Tu W Th F	1:00pm - 4:00pm
Res \$175, NRes \$200		ARPD Staff	Alameda Point Gym

## **Recreation Afterschool Program – RAP**

**Grades All-Day K - 5, August 20, 2025 to June 4, 2026** More information about ARPD's 2025-26 Recreation Afterschool Program (RAP), including fees, schedule, and registration process, will be available at RAP sites and on the ARPD website after May 1st. For more information about our RAP Program and Online Registration, please visit www.alamedaca.gov/Departments/ Recreation-Parks/Recreation-Afterschool-Program-RAP

#### ONLINE REGISTRATION STARTS ON WEDNESDAY, JUNE 25 at 10:00am

All new and returning participants need to register at the beginning of each school year.

FALL Session August 20 - November 21, 2025

Please note that RAP does not start on the first day of school

\*A minimum of 8 students must be registered, at a school, in order to be a RAP Pick-Up Site.

#### www.alamedaca.gov/recreation

## **ARTS & CRAFTS CAMPS**

## Art Camp with Ms. Y

#### Ages 6 - 13

Students paint, print, cut, and color plus play games and activities with Ms. Y. Please pack a lunch and snacks. No camp on 6/19.

Class # 29506	Jun 16 - Jun 20	M Tu W Th F	9:00am - 2:00pm*
\$330	JoAnne Yada	Lodge at Lincoln Park	
Class # 29507	Jun 23 - Jun 27	M Tu W Th F	9:00am - 2:00pm*
\$438	JoAnne Yada	Lodge at Lincoln Park	
Class # 29508	Jul 7 - Jul 11	M Tu W Th F	9:00am - 2:00pm*
\$438	JoAnne Yada	Lodge at Lincoln	Park
Class # 29509	Jul 21 - Jul 25	M Tu W Th F	9:00am - 2:00pm*
\$438	JoAnne Yada	Lodge at Lincoln Park	
Class # 29510	Jul 28 - Aug 1	M Tu W Th F	9:00am - 2:00pm*
\$438	JoAnne Yada	Lodge at Lincoln Park	

## **Young Rembrandts:**

## Coconuts and Crowns

#### Ages 6 - 10

Discover the beaty of Polynesia through drawing! Children will create original characters like a spirited island girl and cheeky coconut creatures, as well as traditional Polynesian flower crowns. Artists will also illustrate breathtaking ocean scenes with Waa Kaulua boats and the serene landscapes of island nuts and native plans. this workshop blends realism with cartoons, using vibrant no-mess like colored pencils and markers.

Class # 29515	Jun 23 - Jun 27	M Tu W Th F	9:30am - 12:30pm
\$361	Kavita Parekh	Room 390 at Veteran's Memor	ial Building

## Young Rembrandts: Across the Continents Pastel Workshop

#### Ages 8 - 13

Journey around the world in just 5 days with the vibrant medium of chalk pastels! Dive into the intricate patterns of New Zealand's Mori art symbolism of African masks, each stroke telling a story. Revel in the majestic beauty of India's iconic peacock, immerse in the vibrant layers and patterns of Latin America's Mola art. This workshop is a passport to diverse cultures celebrated through the soft glow and brilliance of pastels.

Class # 29511	Jul 7 - Jul 11	M Tu W Th F	9:30am - 12:30pm
\$412	Kavita Parekh	Room 390 at Veteran's Memor	ial Building

### \*WOW-X: Extended Care

Care before and after camp will be available for an additional charge. Check ActiveNet for more information.

## Young Rembrandts: Animal Cartoon Workshop

#### Ages 6 - 10

If your child is a fan of cuddly animals and funny cartoons, this drawing workshop is especially tailored for his or her needs. Over the course of five days, our students will learn how to draw animals of all shapes, sizes, and colors. They will learn how to personify ordinary animals, transforming them into fully realized cartoon characters. Be a part of something fun and special. Enroll your budding artist today!

Class # 29517	Jul 28 - Aug 1	M Tu W Th F	9:30am - 12:30pm
\$361	Kavita Parekh	Room 280 at Veteran's Memor	ial Building

## **ARTS & ENTERTAINMENT CAMPS**

## **Acting Camp**

Ages 5 - 11

An acting focused camp for kids who love to play, create and perform! We will work on a variety of acting games, improvisation and characterization exercises, scriptwork and scene development. Option to perform in a live show for parents at the end of the week!

Class # 29764	Jul 21 - Jul 25	M Tu W Th F	9:30am - 12:30pm
\$258	Kate Barnes	Room 280 at Veteran's Memor	ial Building

## **Performing Arts Camp**

#### Ages 5 - 11

Learn acting and dancing in one camp! Join the rhythm, feel the beat and play your character while you learn hip hop, jazz and salsa as well as fun acting exercises, improv and scriptwork. Make new friends and have fun in a supportive environment. Option to perform in a live show for parents on the last day!

Class # 29760	Jul 7 - Jul 11	M Tu W Th F	9:30am - 12:30pm
\$258	Kate Barnes	Room 280 at Veteran's Memor	ial Building



## YOUTH - SPECIALTY DANCE, ENRICHMENT & PLAY-WELL CAMPS

## **DANCE CAMPS**

## ABA: Summer Ballet Camp

#### Ages 4 - 11

Along with their daily dance class, children learn about and watch a different famous classical ballet each week. They explore their own creativity through exercise in movement concepts. Students also learn valuable lessons about anatomy, dance history and vocabulary.

SLEEPING BEAUTY BALLET CAMP			
Class # 29696	Jul 14 - Jul 18	M Tu W Th F	9:00am - 12:00pm
\$258	ABA STAFF	Alameda Ballet A	Academy, 1402 Park St
SWAN LAKE BALLET CAMP			
Class # 29697	Jul 21 - Jul 25	M Tu W Th F	9:00am - 12:00pm
\$258	ABA STAFF	Alameda Ballet Academy, 1402 Park St	
LA FILLE MAL GA	RDÈ BALLET CAM	P	
Class # 29698	Jul 28 - Aug 1	M Tu W Th F	9:00am - 12:00pm
\$258	ABA STAFF	Alameda Ballet Academy, 1402 Park St	

## **ENRICHMENT CAMPS**

## **Chess Wizards Summer Camp**

#### Ages 6 - 12

Join us this Summer for tons of challenging chess lessons, exciting games, and cool prizes. We include all the materials necessary. Unleash your brain power and spend your vacation with Chess Wizards!

Class # 29751	Jun 30 - Jul 3	M Tu W Th	9:00am - 12:00pm
\$318	Uzma Khan	Room 280 at Veteran's Memorial Building	
Class # 29749	Jun 30 - Jul 3	M Tu W Th	12:00pm - 3:00pm
\$318	Uzma Khan	Room 280 at Veteran's Memorial Building	
Class # 29753	Jul 28 - Aug 1	M Tu W Th F	9:00am - 12:00pm
\$351	Uzma Khan	Teen Center	
Class # 29755	Jul 28 - Aug 1	M Tu W Th F	12:00pm - 3:00pm
\$351	Uzma Khan	Teen Center	

#### IncrediFlix: Special Effects Movie Flix Ages 7 - 13

Explosions, tornados even super powers! In these high intensity live actionmovies the special effects will blow your mind. In groups, you?ll get to direct, act, and even select your special effects to include while filming. \* Flix emailed within a month after camp ends.

Class # 29505	Jun 30 - Jul 3	M Tu W Th	9:00am - 12:00pm*
\$309	Incredi Flix	Lodge at Lincol	n Park

SUMMER 2025



## IncrediFlix: Lego Flix

#### Ages 7 - 13

Bring Lego worlds to life! We provide the Legos. You provide your imagination. Work in groups to create a Lego set with Lego characters for a stop-motion movie you'll storyboard, shoot, and add voice-overs to. Flix emailed within a month after camp ends.

Class # 29503	Jun 30 - Jul 3	M Tu W Th	1:00pm - 4:00pm*
\$309	Incredi Flix	Lodge at Lincoln Park	

### **IncrediFlix:** Special Effects Movie & Lego Flex Ages 7 - 13

Join us for the full day combo for a discount plus free lunch supervision! Please see bothhalf day descriptions. Bring snack, lunch and drink. \*\$70 Production fee is included in theprice of camp. Flix emailed within a month after camp ends.emailed within a month after camp ends.

Class # 29504	Jun 30 - Jul 3	M Tu W Th	9:00am - 4:00pm*
\$585	Incredi Flix	Lodge at Lincoln Park	

## **PLAY-WELL CAMPS**

#### **Play-Well:** STEM Discovery using LEGO materials Ages 5 - 8

Let your imagination run wild with tens of thousands of LEGO parts! Build engineer-designed projects and use special pieces to create your own unique designs! Come explore the endless creative possibilities of LEGO building systems. No class on 6/19.

Class # 29519	Jun 16 - Jun 20	M Tu W F	9:00am - 12:00pm
\$221	Play-Well TEKnologies	Room 390 at Ve Building	eteran's Memorial

#### **Play-Well:** Wildlife Wonders using LEGO materials Ages 5 - 8

Design and build your way through the animal kingdom, from sea to safari, using tens of thousands of Lego parts, with the guidance of an experienced Play-Well instructor, you will recreate diverse habitats while creating animals in their natural surroundings. Your animal adventure awaits! No class on 6/19.

Class # 29531	Jun 16 - Jun 20	M Tu W F	1:00pm - 4:00pm
\$221	Play-Well TEKnologies	Room 390 at Veteran's Memo	orial Building

## **Play-Well:** MINECRAFT Engineering with LEGO materials

#### Ages 5 - 6

Venture into the world of Minecraft in our unique LEGO experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO with a trained Play-Well instructor.

Class # 29529	Jun 30 - Jul 3	M Tu W Th	9:00am - 12:00pm
\$221	Play-Well TEKnologies	Room 390 at Veteran's Mem	orial Building

### **Play-Well:** MINECRAFT Master Engineering with LEGO materials

#### Ages 7 - 11

Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

Class # 29526	Jun 30 - Jul 3	M Tu W Th	1:00pm - 4:00pm
\$221	Play-Well TEKnologies	Room 390 at Veteran's Memo	orial Building

### **Play-Well:** STEM & POKEMON with LEGO materials - Full Day

#### Ages 5 - 8

Prepare for a full-day LEGO camp packed with hands-on STEM fun! First, build projects inspired by cool machines while applying real-world concepts in engineering and architecture. Then join Ash and Pikachu to explore the vast world of PokÈmon! Bring a bag lunch and snacks.

Class # 29553	Jul 14 - Jul 18	M Tu W Th F	9:00am - 4:00pm
\$582	Play-Well TEKnologies	Room 390 at Veteran's Memo	orial Building

### \* WOW-X: Extended Care

Care before and after camp will be available for an additional charge. Check ActiveNet for more information.

### **Play-Well:** STEM+MINECRAFT using LEGO materials – Full Day Ages 5 - 8

Prepare for a full-day LEGO camp packed with hands-on and minds-on STEM fun! First, build projects inspired by cool machines while applying real-world concepts in physics, engineering, and architecture. Then, venture into the world of Minecraft in our unique LEGO experience where you build your base, craft your tools, and battle to stop the Ender Dragon the world!

Class # 29567	Jul 28 - Aug 1	M Tu W Th F	9:00am - 4:00pm
\$582	Play-Well TEKnologies	Room 390 at Veteran's Memo	orial Building

## **Play-Well:** Radical Rades using LEGO materials

#### Ages 5 - 6

Design your custom LEGO creation to take on any challenge. Mix and match chassis designs using wheels, treads, or walking legs and then combine these with tools like drills, hammers, and battering rams. You will refine your masterpiece by sparring with friends and overcoming obstacles all while applying real-world engineering and physics concepts!

Class # 29559	Aug 4 - Aug 8	M Tu W Th F	9:00am - 12:00pm
\$275	Play-Well TEKnologies	Room 390 at Veteran's Mem	orial Building

## **Play-Well:** Machine Mayhem using LEGO materials

#### Ages 5 - 6

Start your engines with tens of thousands of LEGO parts as you dive into the vast world of vehicles! Build and design an array of exciting machines, traversing land, sea, and air, with the assistance of experienced Play-Well instructors. Learn about the engineering principles behind motors, gears, and everything that vrooms and zooms!

Class # 29556	Aug 4 - Aug 8	M Tu W Th F	1:00pm - 4:00pm
\$275	Play-Well TEKnologies	Room 390 at Veteran's Memor	rial Building



SUMMER 2025

## **MARTIAL ARTS CAMPS**

#### Hanabi Judo: Summer Camp: Physical and Cultural Adventures! Ages 5 - 15

Hanabi Summer Camp is a fun active adventure in physical and cultural education for children from 5 to 15. In addition to Pokemon themed activities, this Hanabi Judo camp introduces Manga, Painting, Origami, Martial Arts and more as our weekly themes! There is a \$30 materials fee payable to the Instructor at the first class.

Class # 29703	Jun 16 - Jun 20	M Tu W Th F	9:00am - 3:00pm
\$515	Dan Augustine	Auditorium Room 250 at Veteran's Memorial Building	
Class # 29704	Jun 23 - Jun 27	M Tu W Th F	9:00am - 3:00pm
\$515	Dan Augustine	Auditorium Room 250 at Veteran's Memorial Building	
Class # 29705	Jun 30 - Jul 3	M Tu W Th	9:00am - 3:00pm
\$412	Dan Augustine	Auditorium Room 250 at Veteran's Memorial Building	
Class # 29706	Jul 7 - Jul 11	M Tu W Th F	9:00am - 3:00pm
\$515	Dan Augustine	Auditorium Room 250 at Veteran's Memorial Building	
Class # 29708	Jul 14 - Jul 18	M Tu W Th F	9:00am - 3:00pm
\$515	Dan Augustine	Auditorium Roo at Veteran's Mer	
Class # 29709	Jul 21 - Jul 25	M Tu W Th F	9:00am - 3:00pm
\$515	Dan Augustine	Auditorium Roor at Veteran's Mer	
Class # 29710	Jul 28 - Aug 1	M Tu W Th F	9:00am - 3:00pm
\$515	Dan Augustine	Auditorium Room 250 at Veteran's Memorial Building	
Class # 29713	Aug 4 - Aug 8	M Tu W Th F	9:00am - 3:00pm
\$515	Dan Augustine	Auditorium Room 250 at Veteran's Memorial Building	



### Hanabi Judo: Summer Camp: Extended Care

Option only available for children who participated in the Hanabi Judo Camp. Students can play on structures and continue working on Park Camp art activities.

Class # 29798	Jun 16 - Jun 20	M Tu W Th F	3:00pm - 6:00pm
\$258	ARPD Staff	McKinley Park	
Class # 29799	Jun 23 - Jun 27	M Tu W Th F	3:00pm - 6:00pm
\$258	ARPD Staff	McKinley Park	
Class # 29800	Jun 30 - Jul 3	M Tu W Th	3:00pm - 6:00pm
\$198	ARPD Staff	McKinley Park	
Class # 29801	Jul 7 - Jul 11	M Tu W Th F	3:00pm - 6:00pm
\$258	ARPD Staff	McKinley Park	
Class # 29802	Jul 14 - Jul 18	M Tu W Th F	3:00pm - 6:00pm
\$258	ARPD Staff	McKinley Park	
Class # 29803	Jul 21 - Jul 25	M Tu W Th F	3:00pm - 6:00pm
\$258	ARPD Staff	McKinley Park	
Class # 29804	Jul 28 - Aug 1	M Tu W Th F	3:00pm - 6:00pm
\$258	ARPD Staff	McKinley Park	
Class # 29805	Aug 4 - Aug 8	M Tu W Th F	3:00pm - 6:00pm
\$258	ARPD Staff	McKinley Park	

## **OUTDOOR ACTIVITIES CAMP**

### ACSC: Discover Sailing Camp for Beginners Ages 7 - 12

ACSC's full-day two-week Discover Sailing Camp is for children who are brand new to sailing. Campers play games on water and shore & learn how to sail a small youth sailboat.

Class # 29715	Jul 28 - Aug 8	M Tu W Th F	8:30am - 3:30pm
\$1,190	Alameda Community Sailing Center	Alameda Com Encinal Boat R	

## **Cancelation - Withdrawal - Transfer Policy**

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Some specialty camps or programs may have different policies and service fees. Please refer to the description or details for any specific program prior to registration.

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### www.alamedaca.gov/recreation

SUMMER 2025

## **SCIENCES CAMPS**

## Athena Coding: Scratch, Python, and JavaScript Codding

#### Ages 6 - 12

Students will develop storytelling and game design skills through Scratch and Python. They'll learn coding fundamentals like loops, functions, and variables while creating app-caliber games like Flappy Bird. This project-based course fosters creativity and programming skills. Laptop, iPad, or Chromebook required (rentals available for \$40).

Class # 29625	Jun 16 - Jun 20	M Tu W Th F	9:00am - 12:00pm
\$309	Athena Coding	O'Club - Squad Albert H. DeWi	lron Room at tt Officers' Club

#### Athena Coding: Athena's Architects: Lego Design Ages 6 - 12

Explore engineering, architecture, and storytelling through Lego challenges. Students collaborate on themed projects while learning STEM and literacy skills. This course encourages problem-solving and creativity.

Class # 29622	Jun 16 - Jun 20	M Tu W Th F	1:00pm - 4:00pm
\$309	Athena Coding	O'Club - Squad Albert H. DeWi	

#### Athena Coding: Junior Alchemists Chemistry for Kids! Ages 6 - 11

Discover science through hands-on experiments like lava lamps and invisible ink. Students will learn scientific principles in a fun and visually engaging way, sparking curiosity and excitement about chemistry.

Class # 29627	Jun 23 - Jun 27	M Tu W Th F	9:00am - 12:00pm
\$309	Athena Coding	O'Club - Squad Albert H. DeWi	Iron Room at tt Officers' Club

#### Athena Coding: Roblox Game Design and Coding Ages 7 - 12

Bring your game ideas to life in Roblox! We guide you through game development from idea to finished product. Use Lua programming in Roblox's 3D design studio, mastering real-world concepts. Our unique, collaborative approach fosters creativity and practical skills, suitable for all coding levels. PC or Mac laptop required (iPad/Chromebook are incompatible). Computer rentals are available from Athena for a \$60 fee.

Class # 29626	Jun 23 - Jun 27	M Tu W Th F	1:00pm - 4:00pm
\$309	Athena Coding	O'Club - Squad Albert H. DeWi	Iron Room at tt Officers' Club



## Athena Coding: Olympic Chess

#### Ages 6 - 12

Master chess basics and advanced strategies through interactive gameplay, puzzles, and tournaments. Beginners learn piece movements and strategy, while advanced players tackle openings and endgame tactics. Each session ends with a trophy tournament!

Class # 29628	Jul 7 - Jul 11	M Tu W F	9:00am - 12:00pm
\$309	Athena Coding	O'Club - Squad Albert H. DeWi	Iron Room at tt Officers' Club

### Athena Coding: Music Production 101 Ages 6 - 12

Compose original music with Soundtrap! Students will learn digital music production, songwriting, and mixing techniques in this beginnerfriendly course. Laptop, iPad, or Chromebook required (rentals available for \$40).

Class # 29629	Jul 7 - Jul 11	M Tu W F	1:00pm - 4:00pm
\$309	Athena Coding	O'Club - Squad Albert H. DeWi	

#### Athena Coding: Dungeons and Dragons Ages 6 - 12

Embark on epic adventures guided by Dungeon Masters! Students will develop problem-solving and teamwork skills while tackling creative, story-driven quests. This collaborative role-playing game is a hit for all skill levels.

Class # 29630	Jul 14 - Jul 18	M Tu W Th F	9:00am - 12:00pm
\$309	Athena Coding	O'Club - Squad Albert H. DeWi	lron Room at tt Officers' Club

#### Athena Coding: Hollywood Filmmaking Ages 8 - 12

From writing scripts to filming and editing, students will create their own movies. They?ll collaborate on brainstorming, filming, and editing, learning professional techniques. Each film is showcased at the end of the camp.

Class # 29631	Jul 14 - Jul 18	M Tu W Th F	1:00pm - 4:00pm
\$309	Athena Coding	O'Club - Squadron Room at Albert H. DeWitt Officers' Club	

SUMMER 2025

### **Athena Coding:** AI Adventures

#### Ages 7 - 12

Explore cutting-edge AI tools like ChatGPT and DALL-E! Students will create chatbots, animations, and stories while discovering how Al works. This hands-on course builds curiosity, collaboration, and critical thinking skills. Laptop, iPad, or Chromebook required (rentals available for \$40).

Class # 29632	Jul 21 - Jul 25	M Tu W Th F	1:00pm - 4:00pm
\$309	Athena Coding	O'Club - Squadron Room at Albert H. DeWitt Officers' Club	

## Athena Coding: Minecraft Coding and **Design Studio**

#### Ages 6 - 12

Minecraft Education isn't just a game, it's a tool for learning. Students will design games, animations, and Redstone circuits while exploring architecture, logic gates, and Python/JavaScript programming. Includes a 3D-printed take-home design. Laptop, iPad, or Chromebook required (rentals available for \$40).

Class # 29634	Jul 28 - Aug 1	M Tu W Th F	9:00am - 12:00pm
\$309	Athena Coding	O'Club - Squadron Room at Albert H. DeWitt Officers' Club	

## Athena Coding: Da Vinci's Workshop

#### Ages 6 - 12

Students will explore acrylic and watercolor painting, clay modeling, sketching, anime, and more while learning essential art concepts like color theory, perspective, and anatomy. Every class, students create stunning take-home projects, developing their creativity and foundational artistic skills in various mediums.

Class # 29633	Jul 28 - Aug 1	M Tu W Th F	1:00pm - 4:00pm
\$309	Athena Coding	O'Club - Squadron Room at Albert H. DeWitt Officers' Club	

### Athena Coding: Jewelry Masters

#### Ages 6 - 12

36

Design and create unique jewelry using beads, colors, and textures. Students will craft bracelets, necklaces, and earrings while learning essential techniques and developing creativity and fine motor skills.

Class # 29635	Aug 4 - Aug 8	M Tu W Th F	1:00pm - 4:00pm
\$309	Athena Coding	O'Club - Squadron Room at Albert H. DeWitt Officers' Club	

#### \* WOW-X: Extended Care

Care before and after camp will be available for an additional charge. Check ActiveNet for more information.

SUMMER 2025



#### **Engineering for Kids: Engineering of Power and Energy** Ages 8 - 11

Superheroes have amazing powers and limitless energy?what about the rest of us? Can we use wind and water to produce electricity? How can we harness power to help others? We explore these questions and many more. Campers create their own lab to investigate energy sources and harnesses power. Be an Agent of Change and learn to capture wind and create light. Based on National Standards, our camps offer dynamic and exciting hands-on experiences every week!

Class # 29790	Jun 23 - Jun 27	M Tu W Th F	1:00pm - 4:00pm
\$268	Engineering for Kids	Room 390 at Veteran's Memorial Building	

## **Challenge Island Bay Area: Once Upon a Slime Camp**

#### Ages 5 - 12

Once upon a time there was a bestselling camp that turned favorite children's books into fun slime adventures. Our STEAM teams will mix up new slime classics like Alice's Unbirthday Cake Slime, Charlie's Everlasting Gobstopper Slime, Percy's Blue Cookie Slime, Narnia's Turkish Delight Slime and STEAMwarts Butter Slime.

Class # 29791	Jun 30 - Jul 3	M Tu W Th	9:00am - 3:00pm*
\$454	Engineering for Kids	Harrison Center at Lincoln Park	

## **Challenge Island Bay Area: STEAM Tank Entrepreneur**

#### Ages 5 - 12

The world is being taken over by slime and innovative and inventive kids. Design, create, and open new businesses every day: from PIZZApreneur Day, SWEETrepreneur Day to SLIMEtrepreneur Day and PETrepreneur Day. This unique camp will spark curiosity, creativity, and critical thinking in young minds.

Class # 29792	Jul 21 - Jul 25	M Tu W Th F	9:00am - 3:00pm
\$567	Engineering for Kids	Room 390 at Veteran's Memorial Building	

### Engineering for Kids: Drone and Aviation Exploration! Ages 8 - 11

Join us in an apocalyptic future, one where the Earth has been ravaged by a series of natural disasters. Each day, campers rely on the engineering design process to solve a series of challenges such as building a city on a series of islands, escaping from a bunker on Mt. Everest, and even building a rocket to land on the moon! Each student will be assigned a laptop to solve challenges using engineering principles. They will work together, in the Minecraft Classroom, to make their virtual world a safe place once again. Based on National Standards, our camps offer dynamic and exciting hands-on experiences every week! There is \$50 fee for materials payable on the first day to the Instructor.

Class # 29789	Aug 4 - Aug 8	M Tu W Th F	9:00am - 12:00pm*
\$268	Engineering for Kids	Lodge at Lincoln Park	

### Engineering for Kids: Minecraft EDU: Traveling to the Future Ages 8 - 11

Join us in an apocalyptic future, one where the Earth has been ravaged by a series of natural disasters. Each day, campers rely on the engineering design process to solve a series of challenges such as building a city on a series of islands, escaping from a bunker on Mt. Everest, and even building a rocket to land on the moon! Each student will be assigned a laptop to solve challenges using engineering principles. They will work together, in the Minecraft Classroom, to make their virtual world a safe place once again. Based on National Standards, our camps offer dynamic and exciting hands-on experiences every week! There is a \$50 materials fee payable to the Instructor at the first class.

Class # 29788	Aug 4 - Aug 8	M Tu W Th F	1:00pm - 4:00pm*
\$268	Engineering for Kids	Lodge at Lincoln Park	

### **Engineering for Kids:** Drones and Aviation Exploration & Minecraft EDU Ages 8 - 11

Sign up for the full day and save! Kids get to explore both Drones and Aviation Exploration & Minecraft EDU: Traveling to the Future! There will be a 1-hour supervised lunch. Campers bring their own lunch. There is a \$100 materials fee payable to the Instructor at the first class.

Class # 29787	Aug 4 - Aug 8	M Tu W Th F	9:00am - 4:00pm*
\$515	Engineering for Kids	Lodge at Lincolı	n Park

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# MAD SCIENCE CAMPS

### Mad Science: Secret Agent Lab – Half Day Ages 6 - 11

From decoding messages to metal detectors and night vision, campers check out spy tech equipment and take-home lots of gadgets! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! From decoding messages to metal detectors and night vision, campers check out spy tech equipment and take-home lots of gadgets! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class # 29674	Jun 16 - Jun 20	M Tu W Th F	9:00am - 12:00pm*
\$335	Callie Fennimore	Harrison Center at Lincoln Park	

# Mad Science: Secret Agent Lab – Full Day

### Ages 6 - 11

From decoding messages to metal detectors and night vision, campers check out spy tech equipment and take-home lots of gadgets! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! From decoding messages to metal detectors and night vision, campers check out spy tech equipment and take-home lots of gadgets! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Note: A material fee of \$50 needs to be paid to Instructor on the first day!

Class # 29675	Jun 16 - Jun 20	M Tu W Th F	9:00am - 3:00pm*
\$552	Callie Fennimore	Harrison Center	r at Lincoln Park

# Mad Science: My First Lab - Half Day

Ages 4 - 6

Mix stuff together to make volcanoes and colors explode. Explore how white light is made up of all the colors of the rainbow. Learn about everything from Air Pressure to Zebras! Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class # 29676	Jun 23 - Jun 27	M Tu W Th F	9:00am - 12:00pm*
\$335	Callie Fennimore	Harrison Cente	er at Lincoln Park

# Mad Science: Che-"Mystery" & Chemical Concoctions – Half Day

Ages 5 - 10

Have a ton of fun with all kinds of chemistry, including growing crystals, making sidewalk chalk, and learning the science of chromatography!! Mix it up as we experiment with molecular madness, radical reactions, and ?fizz?-ical and chemical reactions. Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class # 29677	Jul 7 - Jul 11	M Tu W Th F	9:00am - 12:00pm*
\$335	Callie Fennimore	Harrison Center at Lincoln Park	

# YOUTH - SPECIALTY SCIENCE CAMPS



### Mad Science: Che-"Mystery" & Chemical Concoctions – Full Day Ages 5 - 10

Have a ton of fun with all kinds of chemistry, including growing crystals, making sidewalk chalk, and learning the science of chromatography!! Mix it up as we experiment with molecular madness, radical reactions, and ?fizz?-ical and chemical reactions. Note: A material fee of \$50 needs to be paid to Instructor on the first day!

Class # 29678	Jul 7 - Jul 11	M Tu W Th F	9:00am - 3:00pm*
\$552	Callie Fennimore	Harrison Cente	r at Lincoln Park

### Mad Science: NASA: Journey into Outer Space – Half Day Ages 6 - 11

Mad Science and NASA have teamed up to bring you the excitement and wonder of space in this new voyage of discovery. See the principles of thrust and propulsion at work as we explore the atmosphere on earth and beyond! Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class # 29679	Jul 14 - Jul 18	M Tu W Th F	9:00am - 12:00pm*
\$335	Callie Fennimore	Harrison Cente	er at Lincoln Park

### Mad Science: Machine Maniacs - Half Day Ages 6 - 11

Whether you love to build things or destroy them, this camp includes lots of both! Design and build structures using simple tools and your imagination! The machine madness starts when you discover how different machines, both simple and complex, are used in our daily lives. Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class # 29680	Jul 21 - Jul 25	M Tu W Th F	9:00am - 12:00pm*
\$335	Callie Fennimore	Harrison Cent	er at Lincoln Park

# Mad Science: Machine Maniacs - Full Day

Ages 6 - 11

Whether you love to build things or destroy them, this camp includes lots of both! Design and build structures using simple tools and your imagination! The machine madness starts when you discover how different machines, both simple and complex, are used in our daily lives. Note: A material fee of \$50 needs to be paid to Instructor on the first day!

Class # 29681	Jul 21 - Jul 25	M Tu W Th F	9:00am - 3:00pm*
\$552	Callie Fennimore	Harrison Cente	er at Lincoln Park

### Mad Science: Junior Inventors - Half Day Ages 6 - 11

Creative Contraption Warning! This camp is designed by you, the Inventor! Each day you'll be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all ? your imagination! Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class # 29682	Jul 28 - Aug 1	M Tu W Th F	9:00am - 12:00pm*
\$335	Callie Fennimore	Harrison Center at Lincoln Park	

### Mad Science: Junior Inventors – Full Day Ages 6 - 11

Creative Contraption Warning! This camp is designed by you?the Inventor! Each day you?ll be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all ? your imagination! Note: A material fee of \$50 needs to be paid to Instructor on the first day!

Class # 29683	Jul 28 - Aug 1	M Tu W Th F	9:00am - 3:00pm *
\$552	Callie Fennimore	Harrison Cente	r at Lincoln Park

### Mad Science: Flight Academy – Half Day Ages 6 - 11

Explore the basic principles of flight, ride a hovercraft, build airplanes, and construct balloon copters! Set your eyes on distant skies and learn about outer space. Take a tour of distant galaxies and discover the incredible place where we live: The Milky Way. Note: A material fee of \$30 needs to be paid to Instructor on the first day!

Class # 29684	Aug 4 - Aug 8	M Tu W Th F	9:00am - 12:00pm*
\$335	Callie Fennimore	Harrison Cente	r at Lincoln Park

### Mad Science: Flight Academy – Full Day Ages 6 - 11

Explore the basic principles of flight, ride a hovercraft, build airplanes, and construct balloon copters! Set your eyes on distant skies and learn about outer space. Take a tour of distant galaxies and discover the incredible place where we live: The Milky Way. Note: A material fee of \$50 needs to be paid to Instructor on the first day!

Class # 29685	Aug 4 - Aug 8	M Tu W Th F	9:00am - 3:00pm*
\$552	Callie Fennimore	Harrison Center	at Lincoln Park

**38** SUMMER 2025

# **SPORTS CAMPS**

### KSB: Skate Dojo Summer Camps

### Ages 5 - 17

KSB Skate Dojo will teach the basics and fundamentals of Skateboarding. Skateboarding helps build confidence and is a fun, creative art form. There is a rental fee for a skateboard (\$10/day), helmet (\$10/day) and/or pads (\$10/ day), or all three for \$25 a day, payable to the instructor on the first day.

Class # 29814	Jun 16 - Jun 20	M Tu W Th F	9:00 am - 3:00 pm
\$412	George Montes De	e Oca Jr	City View - Skate Park
Class # 29815	Jun 23 - Jun 27	Jun 23 - Jun 27 M Tu W Th F	
\$412	George Montes De	e Oca Jr	City View - Skate Park
Class # 29816	Ju 14 - 18 - Jul 26	M Tu W Th F	9:00 am - 3:00 pm
\$412	George Montes De	George Montes De Oca Jr	
Class # 29817	Jul 21 - Jul 25	M Tu W Th F	9:00 am - 3:00 pm
\$412	George Montes De	e Oca Jr	City View - Skate Park
Class # 29818	JUk 28 - Aug 1	M Tu W Th F	9:00 am - 3:00 pm
\$412	George Montes De Oca Jr		City View - Skate Park
Class # 29819	Aug 4 - Aug 8 M Tu W Th F		9:00 am - 3:00 pm
\$412	George Montes De	e Oca Jr	City View - Skate Park

# **NAofA:** Cheerleading and Dance Camp

#### Ages 6 - 12

Our cheer and dance camp packs a ton of cheer fundamentals, as well as simple fun routines and performance skills! Kids will learn stretching techniques for flexibility, balance, rhythm, and coordination.

Class # 29769	Jul 14 - Jul 18	M Tu W Th F	9:00am - 12:00pm*
\$217	Aaron Locks	Harrington Fiel	d

# NAofA: Your Favorite P.E. Game Camp

### Ages 6 - 12

Their favorite P.E. game is now a camp! Kids love this camp. It is more than just a game, kids learn throwing, and catching techniques, and of course, they learn how to duck, dive, dip, and DODGE a ball. They will participate in a variety of skills challenges, competitions and games that will lead to a dodgeball tournament by the end of the afternoon. Your children will learn new skills while having a blast and making new friends.

Class # 29771	Jun 30 - Jul 3	M Tu W Th	9:00am - 12:00pm*
\$217	Aaron Locks	Harrington Field	
Class # 29772	Jul 28 - Aug 1	M Tu W Th F	9:00am - 3:00pm*
\$407	Aaron Locks	Harrington Field	

### \* WOW-X: Extended Care

Care before and after camp will be available for an additional charge. Check ActiveNet for more information.



### NAofA: Multi-Sport Camp Ages 6 - 12

The All Sports Camp is a perfect place for kids to be introduced to the world of sports and an active, healthy lifestyle. This multi-sport camp may include sports like basketball, soccer, and flag football. Other games may include dodgeball, wiffleball, kickball, capture the flag, and ultimate Frisbee.

Class # 29773	Jun 23 - Jun 27	M Tu W Th F	9:00am - 3:00pm*
\$407	Aaron Locks	Harrington Field	
Class # 29774	Jul 7 - Jul 11	M Tu W Th F	9:00am - 3:00pm*
\$407	Aaron Locks	Harrington Field	

# NAofA: Soccer Camp

### Ages 4 - 6

Our soccer camps offer beginner to intermediate campers the opportunity to build a solid soccer foundation. Players are grouped by age and ability to learn appropriate drills, skills, and techniques.

Class # 29770	Jul 21 - Jul 25	M Tu W Th F	9:00am - 12:00pm*
\$217	Aaron Locks	Harrington Field	

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A \$20 service fee applies to any changes or transfers made after your original registration.

# **DANCE CLASSES**

### **Pre-Ballet**

### Ages 4 - 6

Students are exposed to the basic concepts, rhythms and positions of ballet. They also learn proper classroom etiquette in a fun, creative and focused environment.

Class # 29695	Jun 28 - Aug 2	Sa	10:30am - 11:15am
\$155	ABA STAFF	Alameda Ballet A	Academy, 1402 Park St

### **Ballet 1**

### Ages 6 - 9

In order to achieve the beautiful posture of a dancer, students learn the concepts of abdominal control and ?turnout from the hip? as well as stretching, strengthening and coordination. Students work in first and second positions of both the arms and the legs for the barre and center work Musicality, expressiveness, grace, focus and self-discipline are encouraged at all times.

Class # 29693	Jun 28 - Aug 2	Sa	11:30am - 12:30pm
\$155	ABA STAFF	Alameda Ballet A	Academy, 1402 Park St

# **MARTIAL ARTS CLASSES**

# Wado Kai Karate

### Ages 8+

Wado Kai Karate combines striking techniques of Karate with classical Jujutsu principles, emphasizing fluid movement, efficiency, and harmony. It focuses on evasion, timing, and counterattacks. Students develop physical fitness, self-discipline, and practical self-defense skills while exploring the philosophy of peace and respect in Wado Kai. Beginners welcome!

TUESDAYS					
Class # 29686	Jun 17 - Aug 5	Τυ	5:00pm - 6:30pm		
\$124	Mikhail Faiguenblat	Auditorium Room 250 at Veteran's Memorial Building			
SATURDAYS					
Class # 29687	Jun 21 - Aug 2	Sa 1:00pm - 2:30pm			
\$109	Mikhail Faiguenblat	Auditorium Room 250 at Veteran's Memorial Building			
TWICE A WEEK: TUE & SAT Special discount for students who attends two classes per week.					
Class # 29688	Jun 17 - Aug 5	Τυ Sa	5:00pm - 6:30pm		
\$155	Mikhail Faiguenblat	Auditorium Room 250 at Veteran's Memorial Building			

# Youth laido: Classical Sword Art of Japan

### Ages 10 - 16

Muso Jikiden Eishin Ryu is a classical Japanese swordsmanship style emphasizing precise techniques, mindfulness, and grace. Rooted in samurai culture, it mostly teaches solo forms, focusing on drawing the sword and situational combat scenarios. Ideal for developing discipline, coordination, and a deep connection to martial tradition. Beginners welcome!

Class # 29689	Jun 19 - Aug 7	Th	4:50pm - 6:00pm
\$124	Mikhail Faiguenblat		n Room 250 's Memorial Building

# **SPORTS CLASSES**

### KSB: Skate Dojo Class

### Ages 5 - 17

KSB Skate Dojo will teach the basics and fundamentals of Skateboarding. Skateboarding helps build confidence and is a fun, creative art form. There is a rental fee for a skateboard (\$10/day), helmet (\$10/day) and/or pads (\$10/ day), or all three for \$25 a day, payable to the instructor on the first day. No class 6/28, 6/29, 7/5, 7/6.

WEDNESDAYS			
Class # 29727	Jun 18 - Jul 9	w	3:30pm - 5:00pm
\$103	George Montes De	George Montes De Oca Jr	
Class # 29729	Jul 16 - Aug 6	w	3:30pm - 5:00pm
\$103	George Montes De	e Oca Jr	City View - Skate Park
SATURDAYS			
Class # 29730	Jun 21 - Jul 26	Sa	9:00am - 10:00am
\$103	George Montes De	e Oca Jr	City View - Skate Park
SUNDAYS			
Class # 29734	Jun 22 - Jul 27	Su	9:00am - 10:00am
\$103	George Montes De	e Oca Jr	City View - Skate Park



# **ARPD CAMPS**

### **STEAM Camps**

### Ages 12 - 14

STEAM stands for Science, Technology, Engineering/Environment, Art, and Math. These camps are intended to show campers how STEAM shapes their world, including their hobbies and interests. Each session has STEAM activities, as well as, traditional recreation fun (field time, arts & crafts, recreational games, and much more).

STEAM - HARRY POTTER: DIY Wands, Potion Making, Quidditch				
Class # 28473	9:00am - 4:00pm			
Res \$299, NRes \$359 ARPD \$			Center at Leydecker Park	
STEAM - SNACH	( V. CHEF TEENS, H	HALF DAY: Chee	etos, Gushers, Snack off	
Class # 28474 Jul 28 - Aug 1 M Tu W Th F 9:00ar			9:00am - 12:30pm	
Res \$184, NRes \$214		ARPD Staff	Center at Leydecker Park	

# **Tween Summer Adventure Camp**

**Completed Grades 5 - 11** 

The 2025 Tween Summer Adventure Camp is almost HERE!! Our week long sessions are FUN, engaging, educational and recreational. Each week of this affordable and well-supervised program includes 2 AWESOME trips, plus local walking excursions, arts and crafts, sports, outdoor physical games, special events and much more! Your tween will make new friends, try new and exciting activities and leave with amazing memories. Registration is available per week (no single days allowed). Only full week campers can participate in Tuesday field trips. Registration CLOSES 7 days prior to start of Camp.\*\*Trip times are subject to change. Please check the activity detail for more information.

WEEK 1			
Class # 29756	Jun 16 - Jun 20	8:00am - 5:30pm	
ARPD Staff	Res \$303, NRes \$36	3	Longfellow Park
м	Longfellow Park		8:00am - 5:30pm
Τυ	Bay Area Local Trip (	(TBD), Alameda	8:00am - 5:30pm
W	Longfellow Park		8:00am - 5:30pm
Th	**iFly/ Lazer Taggir	ng, Union City	8:00am - 8:15pm
F	Longfellow Park		8:00am - 5:30pm
WEEK 2			
Class # 29757	Jun 23 - Jun 27	M Tu W Th F	8:00am - 5:30pm
ARPD Staff	Res \$297, NRes \$356	5	Longfellow Park
м	Longfellow Park		8:00am - 5:30pm
Ти	Aquarium of Bay/Pi	er 39, SF	8:00am - 5:30pm
W	Longfellow Park		8:00am - 5:30pm
Th	** Quarry Park Adv	venture, Rocklin	8:00am - 7:30pm
F	Longfellow Park		8:00am - 5:30pm
WEEK 3			
Class # 29762	Jun 30 - Jul 3	M Tu W Th	8:00am - 5:30pm
ARPD Staff	Res \$370, NRes \$444		Longfellow Park
м	* * Sunol Paintball, Sunol &		8:00am -
	CAMPING, Livermore		Overnight
Ти	CAMPING TRIP		Overnight
W	CAMPING TRIP		Overnight
Th	CAMPING TRIP		Overnight - 5:30pm

WEEK 4	WEEK 4				
Class # 29766	July 7 - July 11	M Tu W Th F	8:00am - 5:30pm		
ARPD Staff	Res \$251, NRes \$302		Longfellow Park		
м	Longfellow Park		8:00am - 5:30pm		
Τυ	Bay Area Local Trip	(TBD), Alameda	8:00am - 5:30pm		
W	Longfellow Park		8:00am - 5:30pm		
Th	SC Beach Boardwall	c, Santa Cruz	8:00am - 11:00pm		
F	Longfellow Park		8:00am - 5:30pm		
WEEK 5					
Class # 29763	Jul 14 - Jul 18	M Tu W Th F	8:00am - 5:30pm		
ARPD Staff	Res \$359, Nres \$430	)	Longfellow Park		
м	Longfellow Park		8:00am - 5:30pm		
Τυ	Longfellow Park		8:00am - 5:30pm		
W	Longfellow Park		8:00am - 5:30pm		
Th	* * Whitewater Rafti	ng, Lotus	8:00am - 7:30pm		
F	Paddleboarding, Ale	ameda	8:00am - 5:30pm		
WEEK 6			· · ·		
Class #29765	Jul 21 - Jul 25	M Tu W Th F	8:00am - 5:30pm		
ARPD Staff	Res \$339, NRes \$40	7	Longfellow Park		
м	Longfellow Park		8:00am - 5:30pm		
Tu	CAL Adventures (Rope	s Course), Berkely	8:00am - 5:30pm		
W	Longfellow Park		8:00am - 5:30pm		
Th	6 Flags Discovery Kingdom, Vallejo		8:00am - 8:30pm		
Fr	Longfellow Park		8:00am - 5:30pm		
WEEK 7					
Class # 29758	Jul 28 - Aug 1	M Tu W Th F	8:00am - 5:30pm		
ARPD Staff	Res \$288, NRes \$3	45	Longfellow Park		
Μ	Longfellow Park		8:00am - 5:30pm		
Τυ	7D Experience/ Pier	39, SF	8:00am - 5:30pm		
W	Longfellow Park		8:00am - 8:30pm		
Th	Boomers, Livermore		8:00am - 5:30pm		
Fr	Longfellow Park		8:00am - 5:30pm		
WEEK 8					
Class # 29767	Aug 4 - Aug 8	M Tu W Th F	8:00am - 5:30pm		
ARPD Staff	Res \$311, NRes \$373		Longfellow Park		
м	Longfellow Park		8:00am - 5:30pm		
Τυ	* * Urban Air Adventure Park, Concord		8:00am - 5:30pm		
W	Longfellow Park		8:00am - 5:30pm		
Th	Longfellow Park		8:00am - 5:30pm		
F	Great America/Waterpark, Santa Clara 8:00am - 8:00pm				
* *Trips require a	n additional Release of Lia re subject to change. ****	bility form from our v	rendors.		

\*\*\*\*All details are subject to change. \*\*\*\*

Visit ARPD or our website for more information.



# TWEENS & TEENS - CAMPS & CLASSES

### Tween Adventure Camp Weeks & Day Trips: Important Information

#### Cancellations/ Withdrawal Fees & Refund Policy:

- To be REFUNDED, minus \$20 processing fee, a request must be made before 14 DAYS prior to the first day of camp.
- No refunds issued thereafter.
- Late Pick-Ups are \$1 per minute per child; payable to ARPD staff that day.
- Parents Must Indicate:
  - Whether their tween must remain with a leader on the trips, or they have permission to stay with a buddy and check-in with leaders at designated times; and,
- Whether or not their tween may sign-in and sign-out each day.
- **Parent/Guardian Email Address must be provided** and Valid at registration. ARPD Teen Staff will send important information to parents/guardians before each trip (what to bring, drop-off times, waiver information, etc.).

# **Summer Day Trips**

Completed Grades 5 - 11

Join ARPD for an exciting and affordable Summer Day Trip! We've got something for everybody! Join your friends, or make new ones. Register soon, space is extremely limited! \*Trip times are subject to change. Pick-up and drop-off is at the Underground Teen Center (2203 Central Avenue at Walnut Street). If you have questions, please call (510) 747-7529. See "Tween Summer Adventure Camp" section for trip times.

Class # 29707	Jun 19	Th	8:00am - 8:15pm
Res \$169, NRes \$203	** iFly/ Lazer Tagging, Union City		
Class # 29719	Jun 26	Th	8:00am - 7:30pm
Res \$158, NRes \$190	** Quarry Park Adventure, Rocklin		
Class # 29733	Jun 30 - Jul 3	M Tu W Th	8:00am - 5:30pm
Res \$370, NRes \$444	**Sunol Paintball, Sunol CAMPING at Lake DEL Valle: 4 Days, 4 Night		
Class # 29728	Jul 10	Th	8:00am - 11:00pm
Res \$126, NRes \$152	SC Beach Board	dwalk, Santa Cru	JZ
Class # 29731	Jul 17	Th	8:00am - 7:30pm
Res \$187, NRes \$225	** Whitewater	Rafting, Lotus	
Class # 29732	Jul 24	Th	8:00am - 8:30pm
Res \$134, NRes \$154	6 Flags Discove	ry Kingdom, Va	llejo
Class # 29726	Jul 31	Th	8:00am - 8:30pm
Res \$135, NRes \$162	Boomers, Livermore		
Class # 29735	Aug 8	F	8:00am - 8:00pm
Res \$154, NRes \$185	Great America/ Waterpark, Santa Clara		
** Tring require an additional Polease of Liability form from our vendors			

# CLASSES

### **Babysitter's Training**

### Ages 11-16

Learn the basics of being a responsible babysitter and be certified through the American Red Cross. Class includes basic care of infants and toddlers from feeding to changing. Teens learn age-appropriate activities, first-aid awareness, how to prevent accidents, and how to handle emergencies. The Child/Infant CPR section will train the babysitter to act in emergency situations, to recognize and care for life threatening respiratory or cardiac emergencies in infants and children. Upon completion of the classes and satisfactory passing an exam, each participant will receive: 1) American Red Cross Babysitter's Training Card and 2) Child/Infant CPR card. This popular class is limited to 15 students so sign up early! Participants must attend BOTH days to receive certificate of completion.

Class # 29454	Jul 30 - Jul 31	W Th	10:00am - 5:00pm
\$150	ARPD Staff	Longfellow Park	

### Online Driver's Ed Course - Virtual Ages 15+

Teen Drivers Ed: Your First Step Toward Freedom! (Ages 15 & Up)Our course is designed to give you the knowledge and foundation you need to be a safe, responsible driver. Complete this class online, at your own pace. Interactive lessons help you understand road rules. Upon successful completion, receive a DMV approved certificate - required for the DMV written and road test. Registration is on-going.

Class # 29699	Jun 1 - Aug 31	Online Course -
\$52	Bay Area Driving School	Take At Your Own Pace

# Virtual Driver's Ed - Virtual

Ages 15+

This is a virtual Driver's Education class with a live instructor. Students will enjoy a series of Driver's Education lectures, including understanding the responsibilities of having a driver's license, learning the rules of the road and accident avoidance procedures. Independent assignments will also be completed during the week. Course also includes practice questions, defensive driving movies and written test prep. Upon successful completion, students will receive a certificate of completion.

Class # 29700	Jun 23 - Jun 27	M Tu W Th F	9:00am - 12:00pm
\$243	Bay Area Driving School		Virtual Class
Class # 29701	Jul 14 - Jul 18	Jul 14 - Jul 18 M Tu W Th F	
\$243	Bay Area Driving S	Bay Area Driving School	
Class # 29702	Aug 4 - Aug 8	M Tu W Th F	9:00am - 12:00pm
\$243	Bay Area Driving School		Virtual Class

\*\* Trips require an additional Release of Liability form from our vendors

# GET OUTDOORS THIS SUMMER! ENJOY ALL THAT ALAMEDA HAS TO OFFER!

# TEEN CENTER & VOLUNTEER - TWEENS & TEENS



# **TEEN CENTER**

### Underground Teen Center - Drop In Ages 11 - 17

The Underground Teen Center (UTC) provides a safe place for tweens and teens to have fun, socialize with friends, and participate in active and enriching activities with adult supervision. The UTC has a big screen TV, pool table, video games, ping pong/shuffleboard, board games, music, and a snack bar. There is no charge to visit The Underground, however, some activities may require a small materials fee. Participants must sign-in and sign-out on a daily basis.

\*NOTE: Indicate whether your child can check themselves out of the program, and at what time. If you would like your child to participate in walking field trips, you will need to fill out a separate form.

Class # 28641	Jun 16 - Aug 8	M Tu W Th F	12:00pm - 5:00pm
Free	ARPD Staff	Underground Teen Center	

# VOLUNTEER

### **ARPD STEAM L.I.T. Program**

### Ages 14 - 16

Alameda Leaders In Training Program offers teens the opportunity for hands-on learning experiences to develop basic job skills. Interns will work with Pre-K to Youth (3-12) under the supervision of the Camp Supervisor. The intern's role is to enhance our Summer Camp experience for our campers. MINIMUM REQUIREMENTS: Intern must be ages 14 -16 years old. Intern should be able to work outdoors as well as able to stand for at least 1 hour. Check online for more information and to fill out an application check online.

Class # 28475	Jun 9 - Aug 1	M Tu W Th F	8:30am - 4:30pm
\$8	ARPD Staff	Center at Leydecker Park	

### **Junior Leader Program**

### Grades 9 - 12

This exciting new program is designed for incoming 9th-12th graders, with a special encouragement for candidates who have previously participated in the ARPD Summer Teen Volunteer Program. The program aims to prepare Jr. Leaders for future employment and the possibility of working for ARPD. Jr. Leaders will have the opportunity to further develop their skills in working with youth while enjoying a meaningful and fun learning experience.

Jr. Leaders will be assigned to work alongside staff in various ARPD youth programs, such as Tiny Tots, Day Camp, WOW, STEM, Sports Camp, and more, depending on program needs. They will learn how to lead activities and be responsible for implementing them during their shifts. In addition to their daily shifts, Jr. Leaders will participate in a weekly "staff" meeting with a Recreation Assistant and/or Recreation Manager.

### **PROGRAM DATES & INFORMATION:**

- July 7 August 1, 2025 (Monday Friday, 4 weeks)
- Jr. Leaders has a \$240 enrollment fee for selected candidates, due after the interview and only upon selection for the program.

PROGRAM SHIFT TIMES & PARK SITE ASSIGNMENTS:

- Jr. Leaders will work a 5-hour shift daily within the hours of 8:00am 5:30pm.
- Shift times and park assignments will be based on Department needs.
- Weekly "staff" meetings will be held each Wednesday from 4:30pm - 5:30pm at the Veteran's Memorial Building, 2203 Central Ave.

HOW TO BECOME A JR. LEADER:

- Register Online & Complete the Application: Find the application online or in the ARPD main office. Submit the application by Friday, May 30th by 5:00pm.
- Attend the Mandatory Interview: Tuesday, June 3rd, from 4:00pm
   5:15pm in Room 390 at the Veteran's Memorial Building, 2203 Central Ave.
- 3. Check Your Email & Make Payment: You will be notified by June 13th whether you have been selected. An invoice for the \$240 payment will be sent once selected.
- 4. Attend the Mandatory Training: Thursday, June 26th from 4:00pm - 5:30pm at the Veteran's Memorial Building, 2203 Central Ave.
- 5. Check Your Email Again: Your schedule for the first week will be sent by July 3rd. Be ready to show up on time for your first day, Monday, July 7th, in the provided uniform, ready to make a difference!

#### PARENTS/GUARDIANS:

Your teen is responsible for all correspondence regarding the Jr. Leader Volunteer Program. This program is designed to prepare them for their first job. The more responsibility they take in successfully completing the program, the better prepared they will be for future job applications and entering the workforce.

**QUESTIONS & CONCERNS:** 

Questions, concerns, emails, and phone calls regarding this program should come directly from your teen to Ashley Cendejas, Recreation Assistant, at acendejas@alamedaca.gov or 510-747-7575. Thank you for your cooperation.





### **Summer Teen Volunteer Program**

Note: This activity requires applicants to fill out an application, attend a mandatory interview, and attend a mandatory training. Spaces are first come, first serve and are limited. See Application deadline closes on May 9, 2025 at 5:00 pm.

Applications will be available at the ARPD office, Underground Teen Center and on ARPD Website.

The Summer Teen Program provides a learning opportunity for teens and tweens to work with K - 5 grade youth in ARPD WOW programs and develop their skills while also earning community service hours.

Teen Volunteers are responsible for assisting ARPD program leaders and facilitate WOW program activities such as sports, games and enrichment activities. Volunteers will help with program set - up, break down, clean- up, preparations and various other duties assigned by ARPD staff. \*\*\*Volunteers will be require to fill out and complete an activities sheet for their week of work.

### How to be a Teen Volunteer! Follow these Steps:

#### • Sign Up for a shift(s) and Fill out an Application

- Choose 1 or 2 sessions (1 week enrollment minimum, 2 weeks enrollment maximum) \$30 per session/ week. Spaces are first come, first serve and are limited.
- Choose a shift time, 3 hours shift per day/ week. AM or PM -Can NOT be for the same week
- AM shift : 9:00am 12:00pm
- PM shift: 1:00pm 4:00pm
- Attend the MANDATORY Interview for your park site from 4:00-5:15 pm in room 390 at the Veterans Memorial Building, 2203 Central Ave at Walnut
  - Washington Park: Tuesday May 13
  - Godfrey Park: Thursday, May 15
  - Krusi Park: Tuesday, May 20
  - Franklin Park: Thursday, May 22
  - All applicants must participate and pass their interview for program acceptance. Applicants who do not pass their interview will be promptly notified and fully refunded.
  - Please note, you will not receive an email reminder for your interview.
- Attend a MANDATORY Teen Volunteer Program Training for your PARK SITE from 4:00 - 5:30 pm in room 290 at the Veteran's Memorial Building, 2203 Central Ave. If you miss the training you will be withdrawn from your session(s) and refunded, minus \$20 withdrawal fee per session.
  - Washington Park: Tuesday May 27
  - Godfrey Park: Wednsday, May 28
  - Krusi Park: Thursday, May 29
  - Franklin Park: Friday, May 30

### **Cancellation and Withdrawal Fee:**

A \$20 fee will be assessed to withdrawal your tween/ teen from program session. Cancellations must be requested no later than (7 days) prior to first day of session. No refunds will be issued for withdrawals made thereafter.

#### Parents/ Guardians:

44

Your tween/ teen is responsible for all correspondence regarding the Teen Volunteer Program. Questions, concerns, emails, and phone calls regarding this program should come directly from your teen/ tween to Ashley Cendejas, Recreation Assistant at acendejas@alamedaca.gov, or 510-747-7575.

### Operation Green Sweep - Summer Ages 11 - 17

Come help to maintain and beautify our city parks and community centers! Duties include (but are not limited to) park clean-up, light trash removal, weeding, mulching, planting etc. Equipment is provided. Transportation is provided to and from park sites. Teens will meet Mondays and Fridays, 9:30am to 12:30pm in front of the Veteran Building (2203 Central Ave.) by 9:30am. For any questions please contact Ashley Cendejas at acendejas@alamedaca.gov. Note: No Session on July 4th, however possible hours to earn during 4th of July Parade.

Class # 29162	Jun 23 - Jul 25	M F	9:30am - 12:30pm
\$50	ARPD Staff	Work site loce	ations in Alameda, TBD

# **TWEENS & TEENS OTHERS**

Hanabi Judo Camps: Ages 5 - 15, see Page 34 KSB: Skate Dojo Camps: Ages 5 - 17, see Page 39 KSB: Skate Dojo Classes: Ages 5 - 17, see Page 40 Youth Iaido Classes: Ages 10 - 16, see Page 40



# City of Alameda 2025 Youth Career & Job Fair

#### Who: High School Students

When: Wednesday, March 26, 2025 – 1:00 to 4:00pm Where: Encinal Jr. Sr. High School Gymnasium, 210 Central Ave

- Summer Jobs & Internships
- Building Trades & Apprenticeships
- Peralta College Programs & Opportunities
- Work Permit Information & Resume Assistance
- Community Service Hour Opportunities

**ARPD will provide teens transportation** to and from Encinal High School (230 Central Ave, Alameda). Participants will meet no later than 2:40pm in front of the Veteran's Building, 2203 Central Ave, Alameda. Pre-Registration is required. Sign up early - seats are limited. Deadline to register for the ride is Tuesday, March 25, 202, Class # 28370.

# **TEENS & ADULTS MARTIAL ARTS**

# laido: Classical Sword Art of Japan

### Ages 16+

Muso Jikiden Eishin Ryu is a classical Japanese swordsmanship style emphasizing precise techniques, mindfulness, and grace. Rooted in samurai culture, it mostly teaches solo forms, focusing on drawing the sword and situational combat scenarios. Ideal for developing discipline, coordination, and a deep connection to martial tradition.

THURSDAYS				
Class # 29690	Jun 19 - Aug 7	Th	6:10pm - 7:40pm	
\$124	Mikhail Faiguenblat	Auditorium Room 250 at Veteran's Memorial Building		
SATURDAYS				
Class # 29692	Jun 21 - Aug 2	Sa	3:00pm - 4:30pm	
\$109	Mikhail Faiguenblat	Auditorium Room 250 at Veteran's Memorial Building		
TWICE A WEEK Special discount for students who attends two classes per week				
Class # 29691	Jun 19 - Aug 7	Th Sa	6:10pm - 7:40pm	
\$155	Mikhail Faiguenblat	Auditorium Room 250 at Veteran's Memorial Building		

# **ADULTS ENRICHMENT**

### Alameda History Lecture & Roundtable Series

Dennis Evanosky editor of the Alameda Post, author, and local historian will discuss the history of Alameda. The event will be informal, with interactive questions and answers during the presentation.Registration recommended, walk-ins are welcome!

Class # 29776	Jun 2 - Aug 4	1 st M	6:30pm - 7:30pm
Free	Dennis Evanosky	Room D at Mastic	ck Senior Center

# **Mastick Speaker Series**

Mastick Senior Center will host a series of presentations on a wide range of topics designed to benefit senior citizens. Presenters constantly strive to provide the latest information and news about our community. Their goal is to ensure you have a platform to be heard by offering valuable resources. We hope these efforts will help build a stronger and more cohesive community. We all work better as a team! Please join us every second and fourth Wednesday of each month!

Class # 29775	Jun 11 - Aug 27	2nd & 4th W	1:00pm - 3:00pm
Free	Varies	Media Room a Center	t Mastick Senior

# **TEENS & ADULTS MUSIC**

### **Taiko Drums** - Beginner

Ages 12+

This fun class covers simple rhythms, basic form, and movement. It provides light exercise for students of all ages. There is a \$10 materials fee for drum sticks payable at the first session.

Class # 29851	Jun 17 - Aug 5	Tue	6:30pm - 7:30pm
\$91	Shannon Davidson	Dewitt O'	Club – Terrace Room

### Taiko Drums - Intermediate

This fun class covers more complex rhythms, advanced skills, and somewhat more strenuous exercise. There is a \$10 materials fee for drum sticks payable at the first session.

Class # 29852	Jun 17 - Aug 5	Tue	7:30pm - 8:30pm
\$91	Shannon Davidson	Dewitt O'	Club – Terrace Room

# **TEENS & ADULTS OTHERS**

Wado Kai Karate Classes: Ages 8+, see Page 40

# **ADULTS SPORTS**

### Alameda Point Open Gym: Drop In Age 18+

We are excited to announce Open Gym is returning at the Alameda Point Gymnasium. The public is invited to join us for casual shooting, skill development, and friendly games. Whether you want to work on fundamentals or enjoy some friendly competition, all are welcome. **Admittance will only be permitted if registration takes place in advance!** No Open Gym on 7/6.

Class # 29711	Jun 8 - Aug 3	Su	6:00pm - 10:00pm
\$8 per session	ARPD Staff	Alameda Point Gym	

# **Dodgeball League**

ARPD is thrilled to announce the launch of our Adult Dodgeball League starting Sunday, June 8th, 2025, at the Alameda Point Gymnasium! Whether you're a seasoned player or just looking for a fun way to stay active and competitive, this league is for you! Form your team and get ready for some high-energy fun.Registration opens February 19, on Team Sideline! www.teamsideline.com/arpd. Stay tuned for more details and get ready to throw, dodge, and score your way to victory this summer!

SUMMER 2025

# **ADULTS** - SPORTS & VIRTUAL

### **Pickleball:** Advanced Drills

Improve your game and sharpen your skills! Enjoy drills designed to benefit the advanced level player. Designed and run by Marcia Neishi, skilled tournament player and certified instructor through the International Pickleball Teaching Professional Association.

Class # 28391	Jun 19 - Jul 10	Th	2:00pm - 3:00pm
\$98	Marcia Neishi	The Hub Sports Club, 800 W Tower Av	
Class # 28395	Jul 24 - Aug 14	Th	2:00pm - 3:00pm
\$98	Marcia Neishi	The Hub Sports Club, 800 W Tower Ave	

### **Pickleball:** Beyond the Basics

Enjoy drills designed to benefit the advanced beginner/intermediate player. Learn more effective dinking, volleying and 'the 3rd shot'. Designed and run by Marcia Neishi, skilled tournament player and certified instructor through the International Pickleball Teaching Professional Association.

Class # 28389	Jun 19 - Jul 10	Th	11:00am - 12:30pm
\$129	Marcia Neishi	The Hub Sports	Club, 800 W Tower Ave

### **Pickleball:** Intermediate Drills

Improve your game and sharpen your skills! Enjoy drills designed to benefit the intermediate level player. Designed and run by Marcia Neishi, skilled tournament player and certified instructor through the International Pickleball Teaching Professional Association.

Class # 28390	Jun 19 - Jul 10	Th	1:00pm - 2:00pm
\$98	Marcia Neishi	The Hub Sports Club, 800 W Tower A	
Class # 28394	Jul 24 - Aug 14	Th	1:00pm - 2:00pm
\$98	Marcia Neishi	The Hub Sports Club, 800 W Tower Ave	

### **Pickleball:** Intermediate/Advanced Game Analysis Class

This class is designed for intermediate and advanced players... Not appropriate for beginners. Develop your game by playing with others who have similar skill-sets as yours and receive feedback, coaching, analysis about your game from the instructor. Players must advance consistently to the NVZ line after return of serve. Taught by Marcia Neishi, skilled tournament player and certified instructor through the International Pickleball Teaching Professional Association.

Class # 2930	Jun 6 - Jun 27	F	10:00am - 11:30am
\$129	Marcia Neishi	The Hub Sports Club, 800 W Tower Ave	
Class # 28392	Jun 23 - Jul 14	м	12:30pm - 2:00pm
\$129	Marcia Neishi	The Hub Sports Club, 800 W Tower Ave	
Class # 28393	Jul 24 - Aug 14	Th	11:00am - 12:30pm
\$129	Marcia Neishi	The Hub Sports Club, 800 W Tower Ave	



# **Pickleball: Clinics**

"SERVICE WITH A SMILE" CLINIC Master serving technique and strategy including use of topspin and side spin.				
Class # 28396	Jul 21	м	12:30pm - 2:00pm	
\$35	Marcia Neishi	The Hub Sports Clu	b, 800 W Tower Ave	
"I LOB YOU" CLINIC Learn and practice defending lobs and when the lob is used offensively.				
Class # 28397	Jul 28	м	12:30pm - 2:00pm	
\$35	Marcia Neishi	The Hub Sports Club, 800 W Tower Ave		
		IG WITH BANGERS ainst and beat bange	rs!	
Class # 28398	Aug 4	M	12:30pm - 2:00pm	
\$35	Marcia Neishi	The Hub Sports Clu	b, 800 W Tower Ave	
THINK DINK CLINIC - TECHNIQUE OF DINKING Practice and perfect dink angles, depth, and spin including topspin and slice				
Class # 28412	Aug 11	Μ	12:30pm - 2:00pm	
\$35	Marcia Neishi	The Hub Sports Club, 800 W Tower Ave		

# **ADULTS VIRTUAL**

### **Voice Overs... Now is Your Time!**

### Ages 18+

Virtual Class in what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos and more. This class will be presented via Zoom. Staff from "Such A Voice" will contact you via email with instructions to access this online class.

Class # 29863	May 21	w	6:00pm - 8:00pm
\$31	Such A Voice LLC		Virtual Class
Class # 29725	Jul 2	w	6:00pm - 8:00pm
\$31	Such A Voice LLC		Virtual Class

# ONLINE CLASSES - ADULTS

Alameda Recreation and Park Department

# Online Learning

anytime, anywhere... just a click away!

# ONLINE CAREER TRAINING PROGRAMS

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

- 6-18 Month Format
  All materials included
- Prepare for certification
  Student advisors

Categories Include:

- Arts and Design
- Business
- Computer Applications
- Computer Programming
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology

### JUMP START YOUR CAREER OR FIND A NEW ONE!

Visit our website for program details!

# INSTRUCTOR-LED ONLINE SHORT COURSES

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly, are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

- 6 Week Format
- Monthly start sessions
- Discussion Areas
- Expert Instructor

Categories Include:

- Accounting and Finance
- Business
- College Readiness
- Computer Applications
- Design and Composition
- Healthcare and Medical
- Language and Arts
- Personal Development
- Teaching and Education
- Technology

### Visit our website to find a course!

careertraining.ed2go.com/arpd

ed2go.com/arpd

SUMMER 2025



Making Connections - Staying Active - Living Well

# Programs and Services for Adults age 50 and older

### 1155 Santa Clara Ave, Alameda, CA (510) 747-7500

Website: www.alamedaca.gov/mastick Suggestion Box, masticksuggestion@alamedaca.gov

### Hours

### **Program Hours:**

Mon-Fri 9:00am - 3:00pm, Sat 9:00am - 2:00pm Facility Hours: 9:00am - 4:00pm (Courtyard ONLY) Mastick Thrift Shop: Tue & Sat: 10:00am - 2:00pm

### Staff

Morace McKay, Recreation Manager mmckay@alamedaca.gov, (510) 747-7510 Rich Castrillon, Recreation Assistant rcastrillon@alamedaca.gov, (510) 747-7511 Justin Long, Alameda Recreation and Parks Director jlong@alamedaca.gov, (510) 747-7570

### MASTICK SENIOR CENTER ADVISORY BOARD (MSCAB)

The MSCAB is the active administrative advisory committee providing advice and counsel on all matters connected with accomplishing the Center's mission.

### **MSCAB Monthly Meetings**

The MSCAB meets on the third Wednesday of the month at 9:30am in Room D. All are welcome! For more info, call (510) 747-7500.

### **Mastick Thrift Shop**

Tue & Sat (Shopping): 10:00am - 2:00pm, Open to the public Donations accepted: Tue, Thu & Sat, 9:30am - 1:00pm Proceeds support Mastick Senior Center programs. For details, call (510) 747-7500.

### MSCAB Scholarship Program for Low Income Members

The MSCAB provides assistance four times per year to members meeting low-come limits set by HUD to offset the cost of Mastick programs and trips. Scholarships fund 50% of the program cost not to exceed \$50. To apply, visit the Mastick Lobby. Application must be submitted at time of registration.

# **MASTICK MEMBERSHIP**

### **Become a Mastick Member**

Are you a member or thinking about becoming one? Do you simply need to renew your membership? Membership is FREE, extended to individuals, age 50+, and REQUIRED to participate in our programs. **To receive a registration form, call (510) 747-7500.** 

### **New Member Orientation**

New Member Orientation offers a guided tour to introduce you to the Center, an information packet outlining the various programs and services and a coupon for a complimentary lunch! Join us on Thursdays, Mar 13, Apr 10, May 8, June 12, Jul 10 & Aug 14 at 10:30am - 11:30am in the Game Room.

Registration required, call (510)747-7500.

# **VOLUNTEERS WANTED!**

# Volunteers are the backbone of Mastick Senior Center!

Join our team and experience the many benefits of volunteerism including new friendships, assisting others, and the opportunity to share skills or learn new ones! Training provided to ensure success in your new endeavor. To complete a volunteer application, visit the Mastick Lobby, or contact Rich, Volunteer Coordinator at rcastrillon@alamedaca.gov or call (510) 747-7511.



# **SPECIAL EVENTS**

Birthday Celebrations Celebrate Your Birthday with Us! Join us on Thursdays, Feb 27, Mar 27, Apr 24, May 22, Jun 26, Jul 24 & Aug 28 at 12:30pm in Dining Room 2 for sweet treats and happy birthday wishes!

www.alamedaca.gov/recreation



# FOOD PROGRAMS

# Lunch Served DAILY

Monday – Friday	12:00pm	Dining Room opens at 11:45am
Reservations required	Call (510) 747	-7503 to make a reservation
Eligibility Requirement	Age 60+	\$4 Donation

### **Mercy Brown Bag Program**

Thursdays (1st & 3rd)	8:30am
Eligibility Requirements	60+/Income limits
For information, call (510) 534-8540	

# **EVERYDAY LIVING SERVICES**

### Services to Support Everyday Living For assistance with Case Management, Legal Services, Health

For assistance with Case Management, Legal Services, Health Insurance Counseling, Support Groups, Notary Services, and Income Tax Preparation, call (510) 747-7500.

### Abuse & Legal Assistance

- For legal assistance, contact Legal Assistance for Seniors (LAS) at (510) 832-3040.
- If you need protection from abuse, call the 24-Hour Elder Abuse Hotline at 1-866-225-5277.

### **Computer Lab**

Several computers, which are connected to the internet, are available for use by Mastick Members on Monday - Friday between 9:00am and 3:00pm and Saturdays from 9:00am to 2:00pm in Room C. Occasionally, availability may be limited by scheduled classes.

### **Diabetes Support Group**

If you or someone you love has diabetes, consider joining the Diabetes Support Group provided by the Alameda County Public Health Department Diabetes Program. For more information, contact (510) 383-5185. Meetings are held on the fourth Wednesday of the month, 10:00am - 12:00pm. Advance registration is required. To register, please call (510) 747-7500.

# **Health Insurance/Medical Bills**

For health insurance counseling or assistance with Medicare or medical bills, contact the Health Insurance Counseling & Advocacy Program (HICAP) at (510) 839-0393.

### **Lending Library**

A variety of books are available to borrow. Honor system: Simply borrow the book(s) you want to read and return it to the container located outside of the Media Room when finished.

### Senior Connections & Resource Information

The Seniors Connections Case Manager provides resources, referrals, and information to assist seniors with navigating through life's challenges. Meetings are on the third Wednesday of the month from 1:00 to 2:00pm. Room D. This program is provided by Alameda Family Services and funded in part by the Mastick Senior Center Advisory Board. Please join us. For more information, call (510) 747 – 7505.

### **Senior Connections**

### - Case Management Services

Senior Connections is a collaboration between Mastick Senior Center and Alameda Family Services to provide case management assistance for Alameda seniors needing personal support and advice regarding health insurance, housing needs, in-home support services, food resources, and more! The Case Manager is available on Tuesdays, Wednesdays, and Thursdays by appointment. To schedule an appointment, call (510) 747-7505. This program is funded in part by the Mastick Senior Center Advisory Board (MSCAB).

### **Transportation Assistance**

Monday to Friday, 9:00am to 3:00pm, Liz Escobar, Paratransit Coordinator, is available by appointment to assist you with your paratransit and transportation needs. Call (510) 747-7513 to schedule an appointment or email cityparatransit@alamedaca.gov.

# **CLASSES & PROGRAMS**

For class and program information, refer to the current schedule available in the Mastick Lobby and online at www.alamedaca.gov/departments/recreationparks/mastick-senior-center

- Classes and programs are offered at Mastick Senior Center unless otherwise specified.
- Registration required! A minimum of five enrolled participants is required for the class to be offered!
- Arrive/Depart 10 minutes before and after the programs' scheduled starting and ending time.
- The Alameda Recreation and Park Department programs follow Alameda County Health protocols.
- We hope these tips will help us serve you better!

# **ARTS & CRAFTS**

### **Ceramics** - Beginning & Continuing Students

This session is recommended for those with no ceramics experience. Some demonstrations, potential projects and classroom support provided. Students are asked to participate in daily cleanup and maintenance of the tools, materials and classroom. On both Tuesdays & Thursdays from 12:30-2:45 PM, (including ceramics lab), up to 16 registered students may use the facility to work on projects. This is first comes, first served. Availability of the lab may vary depending on the availability of volunteer monitors.

Class # 29820	May 13 - Jul 15	Τυ	10:00am - 12:00pm
\$93	\$93		ll Center
Class # 29821	May 8 - Jul 3	Th	10:00am - 12:00pm
\$93		Mastick - Skill Center	
Class # 29822	Jul 15 - Sep 2	Τυ	10:00am - 12:00pm
\$93	\$93		ll Center
Class # 29823	ass # 29823 Jul 17 - Sep 4 Th 10:00am - 12:0		10:00am - 12:00pm
\$93		Mastick - Skill Center	
CERAMICS LAB A 12:30pm - 2:45pm ceramics lab is open to both Tuesday & Thursday student every Tuesday & Thursday. There are 16 indoor seats available during this time			
cl #04047			
Class # 24847	Jun 3 - Aug 28	Tu Th	12:30pm - 3:00pm

### **Chinese Ink Painting**

The instructor will demonstrate Chinese ink freehand flower and bird painting in a variety of methods and critique students' artwork to show them how to improve their painting skills.

Class # 29786	Jun 3 - Aug 26	Τυ	10:00am - 12:00pm
Free		Mastick - Ro	om E

### **Drawing and Painting**

Explore techniques in a variety of mediums such as watercolor, acrylic, pastel, graphite, and colored pencil. Students work in the medium(s) of their choice. (No oil paints or products that emit strong odors.) An understanding of basic art techniques is strongly recommended, but all levels of experience are welcome.

Class # 29836	Jul 7 - Aug 25	м	12:30pm - 3:00pm
\$90	Mi'Chelle Fredrick	Mastick - Skill Center	
Class # 29837	Jul 11 - Aug 29	F	10:00am - 12:30pm
\$90	Mi'Chelle Fredrick	Mastick - Skill Center	

# **GET CREATIVE THIS SUMMER!**

### **Frame Weaving**

Designed for beginners and experienced loom weavers. Instructor will supply frame loom, shuttle, warping thread, darning needles and scissors for first project. Second project is student's choice and must bring own materials. Instructor hopes to expose participants to the wonderful world of recycle and reuse! Will explore ways to use t-shirts, plastic grocery bags and more items. Materials fee of \$15.00 is payable on the first day of class, by cash or check.

Class # 29793	Jun 3 - Jun 24	Τυ	9:00am - 12:00pm
Free		Mastick - Room B	
Class # 29794	Jun 7 - Jul 26	Sa	9:00am - 12:00pm
Free		Mastick - Room B	

### Stained Glass & Mosaics - Beginner & Intermediate

Designed for beginners and intermediate skill levels in glass art seeking to refresh, sharpen, and share their knowledge with fellow class members. Must be able to work independently to design, construct, and complete projects.

Class # 29824	Jun 11 - Jul 16	w	9:30am - 12:00pm
\$83	Colene Leong	Mastick - Skill Center	
Class # 29825	Jun 11 - Jul 16	w	12:30pm - 3:00pm
\$83	Colene Leong	Mastick - Skill Center	
Class # 29826	Jun 16 - Jul 21	м	9:30am - 12:00pm
\$83	Colene Leong	Mastick - Skill Center	
Class # 29827	Jul 30 - Sep 3	w	9:30am - 12:00pm
\$83	Colene Leong	Mastick - Ski	ll Center
Class # 29829	Aug 4 - Sep 8	м	9:30am - 12:00pm
\$83	Colene Leong	Mastick - Skill Center	
Class #29828 Wednesdays, Jul 30-Sep 3 12:30 pm-3:00 pm			12:30 pm-3:00 pm

\$83 Colene Leong

12:30 pm-3:00 pm Mastick - Skill Center



### www.alamedaca.gov/recreation

# DANCE, ENRICHMENT & FITNESS CLASSES - ADULTS 50+

# DANCE

### **Egyptian Folkloric Dance**

For beginners and intermediate beginners. Introduction to Egyptian folkloric dance and music. The use of finger cymbals, dance veil and canes are also used in this ethnic dance. A slow warm-up to relax the muscles begins this class and ends with a slow cool down. No class on 7/4.

Class # 29806	Jun 6 - Aug 29	F	9:00am - 10:30am
Free	Roberta Trowbridge	Mastick	- Room A

### Hula

If you're new to hula or would like to refresh your skills, this class is for you! Hawaiian dance is an excellent exercise for everyone. As you dance, learn about Hawaiian stories, language and culture. Beginner dancer's group comes at 11:30am - 12:20pm. Advanced dancer's group comes at 12:30pm - 1:20pm. Wear comfortable stretch clothing to allow for ease of movements. Join us for fun and aloha!

Class # 29833	Jun 3 - Jun 24	Τυ	11:30am - 1:30pm
\$43	Island Hawaiian Studios		Mastick - Room A
Class # 29834	Jul 1 - Jul 29	Τυ	11:30am - 1:30pm
\$53	Island Hawaiian Studios		Mastick - Room A
Class # 29835	Aug 5 - Aug 26	Τυ	11:30am - 1:30pm
\$43	Island Hawaiian Studios		Mastick - Room A

### Line Dance - Absolute Beginners (Level 1)

For those brand new to line dancing. You will learn basic steps, sequencing and terminology for your foot movements and step-by-step instructions for each dance. Come join us in activating your body & mind with music!

Class # 29737	Jun 4 - Jun 18	w	9:30am - 10:30am
\$28	Susie Okada	Mastick - Social Hall	
Class # 29738	Jul 9 - Jul 30	w	9:30am - 10:30am
\$37	Susie Okada	Mastick - Social Hall	
Class # 29739	Aug 6 - Aug 27	w	9:30am - 10:30am
\$37	Susie Okada	Mastick - Social Hall	

### **Line Dance** - High Beginners (Level 3)

This class is for line dancers who have mastered the basic steps and movements. New movement and more complex steps will be added. Additional step patterns, syncopation and rhythm. High beginners will feature varying degrees of challenge.

Class # 29740	Jun 4 - Jun 18	w	11:00am - 12:30pm
\$28	Susie Okada	Mastick - Social Hall	
Class # 29741	Jul 9 - Jul 30	w	11:00am - 12:30pm
\$37	Susie Okada	Mastick - Social Hall	
Class # 29742	Aug 6 - Aug 27	w	11:00am - 12:30pm
\$37	Susie Okada	Mastick - Social Hall	

### Line Dancing - Beginners (Level 2)

Designed for beginners and returning beginners who have experience with basic steps and want to continue learning more steps & dances.

Class # 29714	Jul 7 - Jul 28	м	12:30pm - 2:00pm
\$37	Susie Okada	Mastick - Social Hall	
Class # 29736	Aug 4 - Aug 25	Μ	12:30pm - 2:00pm
\$37	Susie Okada	Mastick - Social Hall	

# **ENRICHMENT**

### Keeping Elders Safe: An Overview of Elder Abuse and more

Join a HICAP Representative to learn about the types of fraud and abuse prevalent in the Medicare system. Gain increased awareness of health care scams, how to protect against them, identifying fraud and abuse, and where to report it.

Class # 29856	Jun 10	Τυ	10:00am - 11:00am
Free	Jennifer Pardini	Mastick - Media Room	

### The ABC's of Long Term Care Insurance

Join a HICAP Representative to learn about the types of fraud and abuse prevalent in the Medicare system. Gain increased awareness of health care scams, how to protect against them, identifying fraud and abuse, and where to report it.

Class # 29857	Jul 8	Τυ	10:00am - 11:00am
Free	Jennifer Pardini	Mastick - Media Room	

### Create a Secure Future: Advance Health Care Directives

Join a HICAP Representative to learn about the types of fraud and abuse prevalent in the Medicare system. Gain increased awareness of health care scams, how to protect against them, identifying fraud and abuse, and where to report it.

Class # 29858	Aug 12	Τυ	10:00am - 11:00am
Free	Jennifer Pardini	Mastick - Media Room	

# **FITNESS**

### **BaM** – Balance and Mobility

Improve balance, stability, mobility, and posture through core strengthening. Increase whole body strength to improve coordination (neuromuscular facilitation) and to assist in fall and injury prevention and recovery.

Class # 29854	Aug 5	Τυ	12:15pm - 1:05pm
\$70	Dan Mark	Mastick - Social Hall	

SUMMER 2025

### **Balance, Mobility, and Stability**

Join fellow seniors in a welcoming environment to feel safe when moving from place to place. Practice gentle movements that will help improve balance, mobility, and stability. Taking this class will allow you to sit and stand easier, may decrease your probability of falling and prevent injury. Exercises for strength and flexibility will be featured. Soft ambient music will be played during the session.

Class # 29839	Jun 9 - Jun 30	м	10:00am - 10:50am
\$47	Tatiana Stollman	Mastick - Social Hall	
Class # 29840	Jul 21 - Aug 25	м	10:00am - 10:50am
\$66	Tatiana Stollman	Mastick - Social Hall	

### **Fitness with Kendra**

This is a fun full body workout that includes stretching, low impact cardio, strength and balance training with light weights. All moves can be modified for all fitness levels, are completed at your own pace, and are set to fun music. Chairs and weights provided.

Class # 29754	Jun 5 - Jun 26	Th	11:45am - 12:45pm
\$35	Kendra Meuser	Mastick - Social Hall	
Class # 29759	Jul 3 - Jul 31	Th	11:45am - 12:45pm
\$56	Kendra Meuser	Mastick - Social Hall	
Class # 29761	Aug 7 - Aug 28	Th	11:45am - 12:45pm
\$45	Kendra Meuser	Mastick - Social Hall	

### **Pilates** - In Person & via Zoom

Pilates is designed to develop muscle strength, balance, and tone. Controlled breathing and proper body alignment are key. Session includes standing, sitting, and lying down positions and covers all core areas, legs, glutes, and arms. Yoga-type mat, comfortable clothing, water bottle, dumbbells suggested.

Class # 29843	Jun 11 - Jul 2	w	9:00am - 10:00am
\$47	Tatiana Stollman	Mastick - Room A	
Class # 29844	Jul 23 - Aug 27	w	9:00am - 10:00am
\$66	Tatiana Stollman	Mastick - Room A	

### **RaM** – Resistance and Movement

SUMMER 2025

Resistance and Movement (RaM) takes the basic premise of Balance and Mobility (BaM) and adds another dimension with the use of dumbbells.While continuing with similar moves of BaM, RaM places more emphasis on resistance training to develop and gain strength and movement to improve and maintain flexibility and Range of Motion (ROM) to assist with daily movement and function.

Class # 29855	Aug 7	Th	2:00pm - 2:50pm
\$63	Dan Mark	Mastick - Social Hall	

## **Senior Soul Hustle Dance Class**

Michele's Senior Soul Hustle Dance Class is a beginning level dance class for all to enjoy. You will learn current, vintage, and popular dances like the Electric Slide and Cupid Shuffle! Join the fun!

Class # 29401	Jul 1 - Aug 26	Τυ	3:30pm - 4:30pm
\$54	Michele Germany	Mastick - So	cial Hall

# **Strength Training & Cardio**

Move to music and gain the benefits of resistance training designed to develop bone density, muscle mass, and endurance. Class easily modified for all fitness levels.

Class # 29848	Jun 11 - Jul 2	w	3:30pm - 4:30pm
\$47	Tatiana Strollman		Mastick - Room A
Class # 29849	Jul 23 - Aug 27	w	3:30pm - 4:30pm
\$66	Tatiana Strollman		Mastick - Room A

### **Yoga for Bone Health**

Yoga to promote bone health, based on research by Dr. Loren Fishman demonstrating that a targeted yoga practice can slow, stop, and even reverse the progress of osteopenia and osteoporosis, and prevent the development of these conditions in those who do not have them. Suitable for all levels of ability and experience with yoga.

Class # 29859	Jun 3 - Jul 22	Τυ	5:15pm - 6:30pm
\$83	Leah Orloff	Mastick - Social Hall	
Class # 29860	Jun 4 - Jul 23	w	3:00pm - 4:15pm
\$83	Leah Orloff	Mastick - Social Hall	
Class # 29861	Jul 29 - Sep 2	Τυ	5:15pm - 6:30pm
\$63	Leah Orloff	Mastick - Social Hall	
Class # 29862	Jul 30 - Sep 3	w	3:00pm - 4:15pm
\$63	Leah Orloff	Mastick - Social Hall	

### Zumba Gold

Zumba Gold is designed for older active adults, beginners and those who wants to keep active at a lower intensity. Zumba Gold includes a medley of dance styles including merengue, cha-cha, cumbia, belly dance, rumba, tango and salsa.

Class # 29748	Jun 5 - Jun 26	Th	1:30pm - 2:30pm
\$33	Anna Gardner	Mastick - Room A	
Class # 29750	Jul 10 - Jul 31	Th	1:30pm - 2:30pm
\$43	Anna Gardner	Mastick - Room A	
Class # 29752	Aug 14 - Aug 28	Th	1:30pm - 2:30pm
\$33	Anna Gardner	Mastick - Room A	

### Zumba Gold Toning

Zumba Gold Toning is a low-impact fitness class with simple moves, which makes it perfect for active older adults and low fitness participants. Zumba Gold Toning combines Zumba Gold Fitness with Zumba Toning Sticks or light hand weights to enhance muscle strength, tone and endurance.

Class # 29745	Jun 3 - Jun 24	Τυ	1:30pm - 2:30pm
\$43	Anna Gardner	Mastick - Social Hall	
Class # 29746	Jul 8 - Jul 29	Ти	1:30pm - 2:30pm
\$43	Anna Gardner	Mastick - Social Hall	
Class # 29747	Aug 12 - Aug 26	Τυ	1:30pm - 2:30pm
\$33	Anna Gardner	Mastick - Social Hall	

# KAYAKING

### **Kayaking for Seniors**

Join us for a special kayak tour around the Sea Plane Lagoon. These tours are designed for ?Boomers,? run at a pace that is just right for you using very stable double sea kayaks. You will see a variety of marine life, Navy Vessels, scenic Bay views, and more! Fee covers 1 participant. Each participant must sign up and pay.

Class # 29593	Jun 6 - Jun 6	F	10:00am - 12:30pm
\$63	Joe Stack	Launch from Grand Street Marina	
Class # 29594	Jul 11 - Jul 11	F	10:00am - 12:30pm
\$63	Joe Stack	Launch from Grand Street Marina	
Class # 29595	Aug 1 - Aug 1	F	10:00am - 12:30pm
\$63	Joe Stack	Launch from Grand Street Marina	

# **Sunset Kayaking for Seniors**

Enjoy a relaxing time on the water while the sun sets over the horizon and the moon rises. Tour the area with a short break before returning home under the moonlight. These tours are designed for ?Boomers,? run at a pace that is just right for you using very stable double sea kayaks.

Class # 29831	Aug 8 - Aug 8	F	7:00pm - 9:30pm
\$68	Joe Stack	Launch from Grand Street Marina	

# WORKSHOP

# Alexander Technique – Working with Gravity Forces to Improve

One of the key principles of the Alexander Technique is to understand how gravity forces affect your posture, movement, and well-being. Join Lenka Fejt, certified Alexander Technique teacher, BS Kinesiology, and learn how to work with gravity and not against it.

Class # 29807	Jul 8 - Jul 10	Tu W Th	10:00am - 11:30am
\$58	Lenka Fejt	Mastick - Dining Room 2	

# WELLNESS

### **Advanced Qigong**

Designed for more seasoned Qigong students or those who have taken Qigong at Mastick or somewhere else, previously. We will review and practice everything learned in Robert's Tuesday - class, refine those exercises and add more as time permits.

Class # 29777	May 29 - Jul 3	Th	10:00am - 11:00am
\$57	Robert Dorsett	Mastick - Room A	
Class # 29778	Jul 10 - Aug 14	Th	10:00am - 11:00am
\$67	Robert Dorsett	Mastick - Room A	

# **Chair Yoga**

This gentle form of yoga is practiced sitting in a chair or standing using the support of a chair. Relax your body and ease stress while building strength and flexibility.

Class # 29841	Jun 9 - Jun 30	м	11:00am - 12:00pm
\$47	Tatiana Stollman	Mastick - Social Hall	
Class # 29842	Jul 21 - Aug 25	м	11:00am - 12:00pm
\$66	Tatiana Stollman	Mastick - Social Hall	

# **Introduction to Qigong**

Qigong is an ancient discipline that includes visualization, mindfulness, and focused breathing. It is practiced to balance emotions, improve health, and enhance the mind, body, and spirit. Class easily modified for all fitness levels.

Class # 29779	May 27 - Jul 1	Τυ	10:00am - 11:00am
\$67	Robert Dorsett	Mastick - Room A	
Class # 29781	May 31 - Jul 5	Sa	10:00am - 11:00am
\$67	Robert Dorsett	Mastick - Room A	
Class # 28780	Jul 8 - Aug 12	Τυ	10:00am - 11:00am
\$67	Robert Dorsett	Mastick - Room A	
Class # 29782	Jul 12 - Aug 16	Sa	10:00am - 11:00am
\$67	Robert Dorsett	Mastick - Room A	

### **Yoga with Dina**

Alignment-based yoga targets modified poses on strength, flexibility, and balance. Synchronize your mind and body while having fun. Dress in layers, bring a yoga mat, strap and blanket for relaxation and warmth.

Class # 29743	Jun 10 - Aug 12	Ти	9:00am - 10:15am
\$102	Dina Hondrogen	Mastick - Social Hall	
Class # 29744	Jun 12 - Aug 14	Th	10:00am - 11:15am
\$102	Dina Hondrogen	Mastick - Social Hall	

# **REGISTRATION & PARK UPDATES**

# **HOW TO REGISTER**

### **Register Online:**

- www.alamedaca.gov/recreation
- To get started, sign in with your email address
- If you do not have an account, just follow the instructions on the screen to create a new one. Be sure to add your family members as well.
- If you have forgotten your password, sign in with your email address and click on the "Forgot My Password" link. You will receive an email shortly. Follow the instructions in the email to reset your password.
- Contact ARPD Staff during regular business hours if you lock yourself out of your online account or if you need to make any changes to your account.

### **By Email:**

arpd@alamedaca.gov

### **By Mail or In Person:**

- Alameda Recreation and Park Department (ARPD) 2226 Santa Clara Ave, Alameda, CA 94501
- Mastick Senior Center
   1155 Santa Clara Ave, Alameda, CA 94501

#### **By Phone:**

- ARPD: (510) 747-7529
- Mastick: (510) 747-7500
- Full payment is due at the time of registration. Checks payable to ARPD, American Express, Discover, MasterCard or VISA accepted. NO REFUNDS, CREDITS OR MAKE-UPS FOR ANY CLASS YOU MISS.
- Withdrawals may be requested by e-mail or phone with a \$20 processing fee (or otherwise stated). The remainder of the fee may either be refunded or left as a credit on your online account to be used in the future.
- **PARENTS/GUARDIANS** there is a late fee of \$1 per minute per child for every minute you are late picking up your child/children from programs/classes – payable that day.

# FINANCIAL ASSISTANCE

### ARPD is providing Financial Assistance for families who qualify.

Up to 75% in assistance is available for Youth Programs, Camps and Classes. To learn more, or to apply, please visit our website: www.alamedaca.gov/recreation. Printed copies of our Financial Assistance Program Procedures and Application are available at the ARPD office during regular business hours.

# **PARK MAINTENANCE UPDATES**



# CHECK OUT WHAT IS GOING ON WITH PARK MAINTENANCE!

- Visit Tillman Park for their new inclusive tot playground, open now!
- Park staff & volunteers planted 66 trees in the past two months at Linear and Leydecker Park.
- Estuary Park Phase II request for proposals will be open this spring to include new pickleball courts, new large & small dog park, inclusive playground, full basketball court & bank shot, new 6 stall gender neutral restrooms, expanded parking lot and more! Expected opening in 2026.





### www.alamedaca.gov/recreation

4 SUMMER 2025

# FACILITIES & PARKS



SUMMER 2025 55





# RESIDENTIAL CUSTOMER

