

Mastick Senior Center

2024 Special Events Calendar

JULY

TUE	2	Book Club: <u>Travels with Charley: In Search of America</u> , 12:15 p.m., via Zoom NEW! Evening Zumba Gold with Mel , 5:15 p.m. Room A
WED	3	Movie Matinee: <u>CRAZY RICH ASIANS (2018)</u> 12:30 p.m., Dining Room 2 RESCHEDULED Social Security Fraud , 11 a.m. Room D
THUR	4	Center Closed – Fourth of July Holiday
FRI	5	Mastick Movie Club: “The Post” 10:00 a.m., via Zoom
MON	8	Free Urban Cycling Class , 6:00 p.m. Media Room NEW! An Introduction to Artificial Intelligence 9:00 a.m., Social Hall
TUE	9	The ABC’s of LTC: An Overview of Long-Term Care Insurance , 10:00 a.m., Room D Collette Travel Presentation , 10:30 a.m., Media Room
WED	10	The Great American Song Book 1:00 p.m., Dining Room 2 Mastick Speaker Series, RADIUM , 1:00 p.m. Media Room
THUR	11	Alameda Stamp Club , 1:00 p.m., Room D New Member Orientation , 10:30 a.m., Game Room
FRI	12	Seniors Sea Plane Lagoon Kayak Tour 10:00 a.m., Encinal Boat Ramp 190 Central Ave.
SAT	13	NEW! Introduction to Qigong , 10:00 a.m., Room A
WED	17	Movie Matinee: <u>HIT MAN (2023)</u> 12:30 p.m., Dining Room 2 Senior Connections & Resources 1:00 p.m., Room D
THUR	18	Music: 40's, 50's, 60's, 70's. Broadway, Movies, Classic & Country , 1:00 p.m., Dining Room 2
TUE	23	NEW! DEMO CLASS Senior Soul Dance with Michele 3:30 p.m., Room A
WED	24	Diabetes Support Group , 10:00 a.m. – 12:00 p.m., Room E Texting Scams , 11:00 a.m., Room D Mastick Speaker Series, 1031 TAX EXCHANGES 1:00 p.m., Media Room
THUR	25	Birthday Celebration , 12:30 p.m., Courtyard Music Appreciation: Intimate Sounds: Frederic Mompou (1893 - 1987) 1:30 p.m., Dining Room 2
FRI	26	Senior Rights and Legal Empowerment 10:00 a.m., Media Room
WED	31	Online Dating Fraud , 11 a.m., Room D

PROGRAM DATES, LOCATIONS, AND TIMES ARE SUBJECT TO CHANGE.

Visit www.alamedaca.gov/mastick or call 510-747-7500 for registration and fee requirements.

Thank you!